Mission Statement:

The Social Studies Department at Alton High School is a professional learning community of teachers/scholars united by a common goal to enhance the knowledge and understanding of psychology.

Essential Question:

How has the field of psychology helped to shape human growth and development and why is an understanding of psychological principals essential to analyzing the functions of the human brain.

*These essential skills prompts will be utilized to determine student mastery through use of conventional questions and advanced essay questions utilizing who, what, when, where, and why.*

The following items are used as essential skills prompts:

1. Evaluate historical and contemporary approaches of psychology.
2. Analyze the work of several theorists (past and present) and their theories.
3. Infer the underlying principles of the contemporary approaches to psychology.
4. Trace the physical, cognitive, moral, and social development of individuals from infancy to adulthood.
5. Compare and Contrast various research methods for theory development.
6. Evaluate mental disorders and their appropriate therapies.
7. Trace how the id, ego, and superego operate.
8. Analyze defense mechanisms and how they affect an individual.
9. Describe sleep stages and why sleep is vital to mental and physical health.
10. Summarize sleep disorders and how to treat them.
Chapter 1 - Introducing Psychology

**Vocabulary:**
- Physiological
- Psychobiologist
- Cognitive
- Psychology
- Hypothesis
- Theory
- Basic science
- Applied science
- Scientific method
- Structuralist
- Introspection
- Functionalist
- Psychoanalyst
- Behaviorist
- Humanistic
- Cognitivist
- Psychologist
- Clinical psychologist
- Counseling psychologist
- Psychiatry
- Developmental psychologist
- Educational psychologist
- Community psychologist
- Industrial/organizational psychologist
- Experimental psychologist

**Essay:**

*Compare and Contrast historical psychology to contemporary psychology approaches.*

Chapter 2 – Psychological Research Methods and Statistics

**Vocabulary:**
- Sample
- Naturalistic observation
- Case study
- Survey
- Longitudinal study
- Cross-sectional study
- Correlation
- Hypothesis
- Variable
- Experimental group
- Control group
- Correlation coefficient
- Inferential statistics
- Self-fulfilling prophecy
- Single-blind study
- Double-blind study
- Placebo effect
- Statistics
- Descriptive statistics
- Frequency distribution
- Normal curve
- Central tendency
- Variance
- Standard deviation
Essay:

How could you attempt to disprove the following hypothesis?

*You could raise blood pressure by making a participant anxious.*

Chapter 3 – Infancy and Childhood

Vocabulary:

- Development psychology
- Grasping reflex
- Rooting reflex
- Maturation
- Telegraphic speech
- Schema
- Assimilation
- Accommodation
- Object permanence
- Representational thought
- Conservation
- Egocentric
- Imprinting
- Critical period
- Authoritarian family
- Democratic / authoritative family
- Permissive / laissez-faire family
- Socialization
- Identification
- Sublimation
- Role taking

Essay:

Define socialization and explain why it is so important to development.

Identify and explain Kohlberg’s six stages of moral reasoning.

Identify the Piaget’s four stages of cognitive development.

Chapter 7 – Altered States of Consciousness

Vocabulary:

- Consciousness
- REM sleep
- Circadian rhythm
- Insomnia
- Sleep apnea
- Narcolepsy
- Nightmares
- Night terrors
- Sleepwalking
- Hypnosis
- Posthypnotic suggestion
- Biofeedback
- Meditation
- Psychoactive drugs
- Marijuana
- Hallucinations
- Hallucinogens
- LSD

Adopted 2012
Essay:
Identify and describe six sleep disorders.
Identify the sleep stages and REM.

Chapter 10 – Memory and Thought

Vocabulary:
Memory
Encoding
Storage
Retrieval
Sensory memory
Short-term memory
Maintenance rehearsal
Chinking
Semantic memory
Episodic memory
Declarative memory

Procedural memory
Recognition
Recall
Reconstructive processes
Confabulation
Schemas
Eidetic memory
Decay
Interference
Elaborative rehearsal
Mnemonic devices

Essay:
Describe five methods you can use to improve your memory.

Why is it important for teachers to make learning more meaningful to their students?

Chapter 14 – Theories of Personality

Vocabulary:
Personality
Unconscious
Id
Ego
Superego
Defense mechanisms
Collective unconscious
Archetype
Inferiority complex
Behaviorism
Contingencies of reinforcement

Humanistic psychology
Self-actualization
Self
Positive regard
Conditions of worth
Unconditional positive regard
Fully functioning
Trait
Cardinal trait
Factor analysis
Surface trait
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Source trait
Extravert

Introvert

Essay:
Differentiate between the id, ego, and superego and explain why individuals may use defense mechanisms. Give examples of two different defense mechanisms.

Chapter 16 – Psychological Disorders

Vocabulary:

- DSM-IV
- Anxiety
- Phobia
- Panic disorder
- Post-traumatic stress disorder
- Somatoform disorder
- Conversion
- Dissociative disorder
- Dissociative amnesia
- Dissociative fugue
- Dissociative identity disorder
- Schizophrenia
- Delusions
- Hallucinations
- Major depressive disorder
- Bipolar disorder
- Personality disorders
- Antisocial disorders
- Psychological dependence
- Addiction
- Tolerance
- Withdrawal

Essay: Identify three anxiety disorders and three mood disorders and differentiate between mood and anxiety disorders.

Chapter 17 – Therapy and Change

Vocabulary:

- Psychotherapy
- Eclectic approach
- Placebo effect
- Empathy
- Group therapy
- Psychoanalysis
- Insight
- Free association
- Resistance
- Dream analysis
- Transference
- Humanistic therapy
- Client-centered therapy
- Nondirective therapy
- Active listening
- Unconditional positive regard
- Behavior modification
- Cognitive therapy
- Rational-emotive therapy
- Behavior therapy
- Systematic desensitization
- Aversive conditioning
- Contingency management
- Token economy
- Cognitive-behavior therapy
- Drug therapy
- Antipsychotic drugs
- Antidepressants
- Lithium carbonate
- Anti-anxiety drugs

Adopted 2012
Electroconvulsive drugs (ECT)  Pre-frontal lobotomy
Psychosurgery

Essay:
Identify and describe the main techniques of client-centered therapy.

What are the major differences between psychoanalysis and behavior therapy, in your opinion?