



# ALTON K-8 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Mini Cinnamon Rolls <i>Biscuit &amp; Gravy</i>
<b>4</b> Strawberry Mini Bagel <i>Ham, Egg, Cheese Biscuit</i>	<b>5</b> Vanilla Glaze Doughnut <i>Blueberry Muffin</i>	<b>6</b> Sausage & Egg Bagel <i>Pancake Turkey Wrap</i>	<b>7</b> Breakfast Pizza <i>Apple Bosco Stick</i>	<b>8</b> French Toast Sticks <i>Cheesy Egg Biscuit</i>
<b>11</b> Bacon, Egg, Cheese Biscuit <i>Chocolate Chip UBR</i>	<b>12</b> Breakfast Pizza <i>Pancake Turkey Wrap</i>	<b>13</b> French Toast Sticks <i>Cheesy Egg Biscuit</i>	<b>14</b> Egg, Ham Flatbread <i>Cinnamon Roll</i>	<b>15</b> Apple Bosco Stick <i>Biscuit &amp; Gravy</i>
<b>18</b> Cheesy Egg Breakfast Burger <i>Apple Cinnamon Muffin</i>	<b>19</b> Cinnamon Roll <i>Chocolate Chip Benefit Bar</i>	<b>20</b> Egg, Bacon Bagel <i>Cinnamon UBR</i>	<b>21</b> Breakfast Pizza <i>Apple Bosco Stick</i>	<b>22</b> Egg Cheese Biscuit <i>Chocolate Chip Muffin</i>
<b>25</b> Sausage Breakfast Pizza Waffles w/ Syrup	<b>26</b> Sausage & Egg Biscuit Blueberry Muffin	<b>27</b> Ham Egg Cheese Bagel <i>Pancake Turkey Wrap</i>	<b>28</b> <i>Cheesy Egg Biscuit</i> Cherry Fruedel	<b>29</b> Pancakes w/ Syrup <i>Biscuit &amp; Gravy</i>

## DAILY FEATURES

Hash browns offered on Fridays

### Choice of Fruit or Juice

What do you like? Fresh Apples? Orange Smiles? Bananas?

### Choice of Milk

Variety includes low-fat and fat-free choices.

Menu is subject to change

Email: [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with questions or concerns

## NEW PICK TWO OPTION

You can pick two items from the list and add a fruit to make a meal.

Choice are:

Cereal

Breakfast Bars

Poptarts

String Cheese

Yogurt

Graham Crackers



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