

The District's Wellness Policy is reviewed periodically with the School Board as well as staff and parents. Most recently the policy was shared with parents at the Parent Advisory Committee on January 13, 2016. In addition, input was sought from district nurses, PE/Health staff, and Food Service Management Company staff.

There were no suggestions or revisions recommended at this time.

It has been noted that:

Nutrition Guidelines for Foods Available During the School Day

Menu Items all meet Nutritional Guide Lines, We use Nutrikids nutritional analysis software to analyze menus on a monthly basis. The nutrition is posted monthly on the Alton Website. Fresh fruit and vegetables are offered daily at all locations.

Guideline for Reimbursable Meals

All food service staff has been trained on what constitutes a reimbursable lunch and breakfast. We have posted in each cafeteria what components are necessary for a reimbursable meal. We have continue to train monthly with managers at each location. Nutrition analysis is done monthly to ensure compliance.