



# ALTON HIGH SCHOOL LUNCH

## APRIL 2016



### THE GRILLE

**Daily grab and Go...**

**Cheeseburger,  
Chicken Patty,  
Spicy Chicken  
Patty**

**Tater Tots  
being offered  
Daily**

				<b>1</b> Fish Sticks <i>w/ steamed spinach</i>
<b>4</b> Sloppy Joe Melt <i>w/ golden corn</i>	<b>5</b> Popcorn Chicken Bowl <i>w/ carrots</i>	<b>6</b> Baked Lasagna <i>w/ green beans</i>	<b>7</b> Ranch Chicken Flatbread <i>w/ baked beans</i>	<b>8</b> Pizza Sticks <i>w/ French fries</i>
<b>11</b> Spaghetti & Meatballs <i>w/ tossed salad</i>	<b>12</b> BBQ Pork Riblet Sandwich <i>w/ green beans</i>	<b>13</b> Chicken Pot Pie <i>w/ mashed potatoes</i>	<b>14</b> Fish Sticks w/ Mac & Cheese <i>w/ baked beans</i>	<b>15</b> Sweet & Sour Chicken <i>w/ steamed spinach</i>
<b>18</b> Country Fried Steak <i>w/ mashed potatoes</i>	<b>19</b> Chicken Nuggets w/ Roll <i>w/ green beans</i>	<b>20</b> Broccoli & Cheese Baked Potato <i>w/ steamed carrots</i>	<b>21</b> Ranch Chicken Flatbread <i>w/ baked beans</i>	<b>22</b> Grilled Chees & Tomato Soup <i>w/ steamed broccoli</i>
<b>25</b> Meatball Sub <i>w/ golden corn</i>	<b>26</b> Spicy Popcorn Chicken <i>w/ carrots</i>	<b>27</b> Fish Sticks w/ Mac & Cheese <i>w/ green beans</i>	<b>28</b> BBQ Pork Riblet Sandwich <i>w/ baked beans</i>	<b>29</b> Salisbury Steak w/ gravy <i>w/ mashed potatoes</i>

### THE PIZZERIA

**Daily grab and Go...**

**Cheese Pizza /  
Pepperoni Pizza**

**Monday**  
White Pizza (4,18)  
Vegetab11,25)

**Tuesday**  
Meat Lover's Pizza (5,19)  
Buffalo Chicken  
Pizza(12,26)

**Wednesday**  
Cheeseburger Pizza (6,20)  
BBQ Chicken Pizza  
(13,27)

**Thursday**  
Broccoli, Pepper, Onion  
Pizza(7,21)  
Taco Pizza (14,28)

**Friday**  
Chicken Parmesan  
Pizza(1,15,29)  
Hawaiian Pizza(8,22)

### DELI & GREENS....MADE 2 ORDER

grab and go...

### TORTILLA.....MADE 2 ORDER

Start here!

Choose Entrée

**start with a grain**

*bread, bagels, rolls, etc...*

**get some protein**

meats, turkey, salads

**find some cheese**

american, swiss, cheddar...

**customize it**

vegetables, spreads...

Variety of Fresh  
Salads

Sandwiches:  
Combo, Turkey, Ham

**MONDAY**

Chicken Tacos

**TUESDAY**

Beef Nachos

**WEDNESDAY**

Beef Tacos

**THURSDAY**

Chicken Nachos

**FRIDAY**

Chicken Tacos

**decide what u want**

*Nachos, taco, salad, etc...*

**get some protein**

Beef, chicken, legumes...

**make it pretty**

Salsas, lettuce, tomato,  
Cheeses, olives...

**+ Take 2 ....Any 2**

Fresh fruits and veggies galore. Vegetable blends, dessert fruits and station-specific sides make choosing only two a difficult decision.

Low fat and Skim available daily

Menu is subject to change. Email  
[kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with questions or  
concerns



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