

1

**Cherry Frudel**  
*Breakfast Pizza*  
Pick Two Option

Diced Pears  
100% Fruit Juice

2

**Bacon, Egg, Cheese Burrito**  
*French Toast Sticks w/ Syrup*  
Pick Two Option

Mixed Fruit  
100% Fruit Juice

3

**Cinnamon Sugar Donut Holes**  
*Blueberry Bagel*  
Pick Two Option

Raisins  
100% Fruit Juice

4

**Turkey Pancake Wrap**  
*Breakfast Chicken Sandwich*  
Pick Two Option

Diced Peaches  
100% Fruit Juice

7

**Breakfast Pizza**  
*Mini Strawberry Bagel*  
Pick Two Option

Applesauce  
100% Fruit Juice

8

**Blueberry Muffin**  
*Turkey Pancake Wrap*  
Pick Two Option

Diced Pears  
100% Fruit Juice

9

**Mini Pancakes**  
*Scrambled Egg w/ Hash brown*  
Pick Two Option

Mixed Fruit  
100% Fruit Juice

10

**Powder Sugar Donut Holes**  
*Biscuit & Gravy*  
Pick Two Option

Raisins  
100% Fruit Juice

11

**Blueberry Muffin**  
*French Toast w/ Syrup*  
Pick Two Option

Diced Peaches  
100% Fruit Juice

14

**Waffles w/ Syrup**  
*Breakfast Pizza*  
Pick Two Option

Applesauce  
100% Fruit Juice

15

**Cinnamon Roll**  
*Bacon, Egg, & Cheese Flatbread*  
Pick Two Option

Diced Pears  
100% Fruit Juice

16

**Apple Bosco Stick**  
*Ham, Egg, & Cheese Taco*  
Pick Two Option

Mixed Fruit  
100% Fruit Juice

17

**Pancakes w/ Syrup**  
*Scrambled Eggs w/ Sausage*  
Pick Two Option

Raisins  
100% Fruit Juice

18

**Sugar Cinnamon Donut**  
*Chocolate Muffin*  
Pick Two Option

Diced Peaches  
100% Fruit Juice

21

**Breakfast Pizza**  
*Apple Frudel*  
Pick Two Option

Applesauce  
100% Fruit Juice

22

23

24

25

28

29

30

31

Email: [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with any questions or concerns

For Menu Nutrition: Please visit <http://altonschools.schoolish.org>

**Pick Two Option**

Pick Two Items: Poptarts, Cereal Bars, String Cheese, Cereal, and Yogurt. Add a fruit to make a meal.

Fat Free White & Chocolate Milk served daily.