



Alton Elementary Breakfast Menu

May 2018

	1 Cherry Frudel <i>Breakfast Pizza</i> Pick Two Option Diced Pears 100% Fruit Juice	2 Bacon, Egg, Cheese Burrito <i>French Toast Sticks w/ Syrup</i> Pick Two Option Mixed Fruit 100% Fruit Juice	3 Cinnamon Sugar Donut Holes <i>Blueberry Bagel</i> Pick Two Option Raisins 100% Fruit Juice	4 Turkey Pancake Wrap <i>Breakfast Chicken Sandwich</i> Pick Two Option Diced Peaches 100% Fruit Juice
7 Breakfast Pizza <i>Mini Strawberry Bagel</i> Pick Two Option Applesauce 100% Fruit Juice	8 Blueberry Muffin <i>Turkey Pancake Wrap</i> Pick Two Option Diced Pears 100% Fruit Juice	9 Mini Pancakes <i>Scrambled Egg w/ Hash brown</i> Pick Two Option Mixed Fruit 100% Fruit Juice	10 Powder Sugar Donut Holes <i>Biscuit & Gravy</i> Pick Two Option Raisins 100% Fruit Juice	11 Blueberry Muffin <i>French Toast w/ Syrup</i> Pick Two Option Diced Peaches 100% Fruit Juice
14 Waffles w/ Syrup <i>Breakfast Pizza</i> Pick Two Option Applesauce 100% Fruit Juice	15 Cinnamon Roll <i>Bacon, Egg, & Cheese Flatbread</i> Pick Two Option Diced Pears 100% Fruit Juice	16 Apple Bosco Stick <i>Ham, Egg, & Cheese Taco</i> Pick Two Option Mixed Fruit 100% Fruit Juice	17 Pancakes w/ Syrup <i>Scrambled Eggs w/ Sausage</i> Pick Two Option Raisins 100% Fruit Juice	18 Sugar Cinnamon Donut <i>Chocolate Muffin</i> Pick Two Option Diced Peaches 100% Fruit Juice
21 Breakfast Pizza <i>Apple Frudel</i> Pick Two Option Applesauce 100% Fruit Juice	22	23	24	25
28	29	30	31	

Email: kbrueggeman@altonschools.org with any questions or concerns

For Menu Nutrition: Please visit <http://altonschools.schooldish.org>

Pick Two Option

Pick Two Items: Poptarts, Cereal Bars, String Cheese, Cereal, and Yogurt. Add a fruit to make a meal.

Fat Free White & Chocolate Milk served daily.