Alton Middle School Lunch Menurefresh. refuel. relax. March 2018

No School

Casmir Pulaski Day

Soft Beef Tacos

Sloppy Joe Sandwich **Tossed Salad** Turkey & Cheese Sandwich

> Green Beans Mixed Fruit Cup

Baked Cheesey Penne

BBQ Cheeseburger Ham Chef Salad Ham & Cheese Sandwich

> Glazed Carrots Diced Pear

Spicy Popcorn Chicken

Bowl

Meatball Sub Tossed Salad Turkey & Cheese Sandwich

> **Baked Beans Applesauce**

Grilled Cheese

Corn Dog Bean Nacho Salad Ham & Cheese Sandwich

> Steamed Broccoli Mixed Fruit

Tater Bite Nachos

Hot Dog w/ Bun Tossed Salad Turkey & Cheese Sandwich

> Campfire Pinto Beans **Applesauce**

Chili Cajun Fries

Fish Sandwich Egg Chef Salad Combo & Cheese Sandwich

> Coleslaw Mixed Fruit

12

Mozzarella Stick

Spicy Chicken Sandwich Baja Salad Ham & Cheese Sandwich

> Golden Corn Diced Peach Cup

13

Hot Dog w/ Bun

Chicken Nuggets Tossed Salad Turkey & Cheese Sandwich

> Coleslaw Mixed Fruit Cup

14

Orange Popcorn Chicken

BBQ Pork Riblet Sandwich Fresh Fruit Plate Ham & Cheese Sandwich

> Roasted Cauliflower Mixed Fruit Cup

15

Macaroni & Cheese

Corn Dog **Tossed Salad** Turkey & Cheese Sandwich

Mashed Sweet Potatoes Diced Pear

16

French Toast w/ Syrup

Grilled Cheese Beef Nacho Salad Ham & Cheese Sandwich

> Green Beans Diced Pear

19

Salisbury Steak

Soft Chicken Tacos Ranch Chicken Salad Ham & Cheese Sandwich

> California Blend Diced Peach Cup

Country Chicken Bowl

Meatball Sub **Tossed Salad** Turkey & Cheese Sandwich

> **Glazed Carrots** Mixed Fruit Cup

21

Chicken Tenders

BBQ Cheeseburger Popcorn Chicken Salad Ham & Cheese Sandwich

> Steamed Broccoli Diced Pear Cup

22

Bacon & Cheese Potato

Philly Cheesesteak Tossed Salad Turkey & Cheese Sandwich

> Steamed Broccoli **Applesauce**

BBQ Chicken Flatbread

Fish Sandwich Beef Nacho Salad Ham & Cheese Sandwich

> Green Beans Diced Pear

26

Pancakes & Sausage

Hot Dog w/ Bun Buffalo Ranch Salad Ham & Cheese Sandwich

> California Blend Diced Peach Cup

27

Corn Dog

Chicken Nuggets Tossed Salad Turkey & Cheese Sandwich

> Green Beans Mixed Fruit Cup

Breaded Chicken Drumstick

BBQ Pork Riblet Sandwich Fresh Fruit Plate Ham & Cheese Sandwich

> **Sweet Potato Fries** Diced Pear Cup

Beef Nachos

Grilled Cheese Tossed Salad Turkey & Cheese Sandwich

> Black Chipotle Beans **Applesauce**

30

No School

Good Friday Holiday

Email:kbrueggeman@altonschools.org with any questions or concerns

For Menu Nutrition: Please visit http://altonschools.schooldish.org

Menu is subject to change

Daily Grill Features:

Cheeseburger Chicken Patty Tater Tots or French Fries Daily Pizza Options:

Cheese Pepperoni

Daily Options:

Fresh Fruits and Vegetables Sunbutter and Jelly Sandwich Milk: Fat Free White or Chocolate offered daily.

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