



Alton High School Breakfast Menu

March 2018

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1
Powder Sugar Donut Holes
Biscuit & Gravy
Pick Two Option

Diced Pear
100% Fruit Juice

2
Cinnamon Raisin Breakfast Round
Sausage, Egg, & Cheese Burrito
Pick Two Option

Diced Peach
100% Fruit Juice

5
NO SCHOOL
Casmir Pulaski Day

6
Cinnamon Roll
Bacon, Egg, & Cheese Flatbread
Pick Two Option

Mixed Fruit
100% Fruit Juice

7
Cinnamon Sugar Donut
Apple Bosco Stick
Pick Two Option

Mixed Fruit
100% Fruit Juice

8
Cherry Frudel
Scrambled Eggs w/ Hash brown
Pick Two Option

Raisins
100% Fruit Juice

9
Glaze Donut Holes
Chocolate Muffin
Pick Two Option

Diced Peach
100% Fruit Juice

12
Apple Frudel
Breakfast Pizza
Pick Two Option

Diced Pears
100% Fruit Juice

13
Blueberry Bagel
Turkey Pancake Wrap
Pick Two Option

Mixed Fruit
100% Fruit Juice

14
Apple Cinnamon Muffin
Breakfast Chicken Sandwich
Pick Two Option

Mixed Fruit
100% Fruit Juice

15
Powder Sugar Donut Holes
Biscuit & Gravy
Pick Two Option

Raisins
100% Fruit Juice

16
French Toast Sticks w/ Syrup
Egg, Ham, & Cheese Flatbread
Pick Two Option

Diced Peach
100% Fruit Juice

19
Breakfast Pizza
Cherry Frudel
Pick Two Option

Diced Pears
100% Fruit Juice

20
Vanilla Glaze Donut
Banana Muffin
Pick Two Option

Mixed Fruit
100% Fruit Juice

21
Scramble Eggs w/ Sausage
Mini French Toast
Pick Two Option

Mixed Fruit
100% Fruit Juice

22
Biscuit & Gravy
Apple Bosco Stick
Pick Two Option

Raisins
100% Fruit Juice

23
Turkey Sausage Sandwich
Cinnamon Roll
Pick Two Option

Diced Peach Cup
100% Fruit Juice

26
Biscuit & Gravy
Oatmeal Benefit Bar
Pick Two Option

Diced Pear
100% Fruit Juice

27
Cinnamon Roll
Breakfast Pizza
Pick Two Option

Mixed Fruit
100% Fruit Juice

28
Bacon, Egg, Cheese Burrito
French Toast Sticks w/ Syrup
Pick Two Option

Mixed Fruit
100% Fruit Juice

29
Cinnamon Sugar Donut Holes
Blueberry Bagel
Pick Two Option

Applesauce
100% Fruit Juice

30
NO SCHOOL
Good Friday Holiday

Email: kbrueggeman@altonschools.org with any questions or concerns

For Menu Nutrition: Please visit <http://altonschools.schooldish.org>

Pick Two Option
Pick Two Items: Poptarts, Cereal Bars, String Cheese, Cereal, and Yogurt. Add a fruit to make a meal.

Fat Free White & Chocolate Milk served daily.

