



Alton Elementary Breakfast Menu

March 2018

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1
Powder Sugar Donut Holes
Biscuit & Gravy
 Pick Two Option
 Diced Pear Cup
 100% Fruit Juice

2
Cinnamon Raisin Breakfast Round
Sausage, Egg, & Cheese Burrito
 Pick Two Option
 Diced Peach Cup
 100% Fruit Juice

5
NO SCHOOL
Casmir Pulaski Day

6
Cinnamon Roll
Bacon, Egg, & Cheese Flatbread
 Pick Two Option
 Mixed Fruit Cup
 100% Fruit Juice

7
Egg, Ham, & Cheese Taco
Apple Bosco Stick
 Pick Two Option
 Mixed Fruit Cup
 100% Fruit Juice

8
Pancakes w/ Syrup
Scrambled Eggs w/ Hash brown
 Pick Two Option
 Raisins
 100% Fruit Juice

9
Cinnamon Sugar Donut Chocolate Muffin
 Pick Two Option
 Diced Peach Cup
 100% Fruit Juice

12
Apple Frudel Breakfast Pizza
 Pick Two Option
 Raisins
 100% Fruit Juice

13
Blueberry Bagel Turkey Pancake Wrap
 Pick Two Option
 Mixed Fruit Cup
 100% Fruit Juice

14
Apple Cinnamon Muffin
Breakfast Chicken Sandwich
 Pick Two Option
 Mixed Fruit Cup
 100% Fruit Juice

15
Glazed Donut Holes
Biscuit & Gravy
 Pick Two Option
 Raisins
 100% Fruit Juice

16
French Toast Sticks w/ Syrup
Egg, Ham, & Cheese Flatbread
 Pick Two Option
 Diced Peach Cup
 100% Fruit Juice

19
Breakfast Pizza
Mini Pancakes
 Pick Two Option
 Raisins
 100% Fruit Juice

20
Vanilla Glaze Donut
Banana Muffin
 Pick Two Option
 Mixed Fruit Cup
 100% Fruit Juice

21
Scramble Eggs w/ Sausage
Mini French Toast
 Pick Two Option
 Mixed Fruit Cup
 100% Fruit Juice

22
Waffles w/ Syrup
Apple Bosco Stick
 Pick Two Option
 Raisins
 100% Fruit Juice

23
Turkey Sausage Sandwich
Cinnamon Roll
 Pick Two Option
 Diced Peach Cup
 100% Fruit Juice

26
Biscuit & Gravy Oatmeal Benefit Bar
 Pick Two Option
 Diced Pear Cup
 100% Fruit Juice

27
Cherry Frudel Breakfast Pizza
 Pick Two Option
 Mixed Fruit Cup
 100% Fruit Juice

28
Bacon, Egg, Cheese Burrito
French Toast Sticks w/ Syrup
 Pick Two Option
 Mixed Fruit Cup
 100% Fruit Juice

29
Cinnamon Sugar Donut Holes
Blueberry Bagel
 Pick Two Option
 Applesauce
 100% Fruit Juice

30
NO SCHOOL
Good Friday Holiday

Email: kbrueggeman@altonschools.org with any questions or concerns

For Menu Nutrition: Please visit <http://altonschools.schooldish.org>

Pick Two Option

Pick Two Items: Poptarts, Cereal Bars, String Cheese, Cereal, and Yogurt. Add a fruit to make a meal.

Fat Free White & Chocolate Milk served daily.