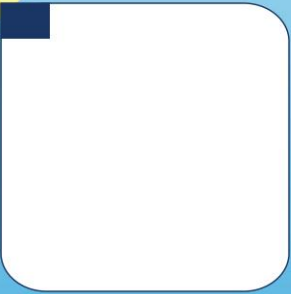
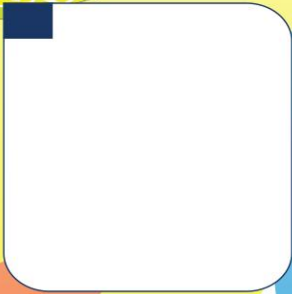
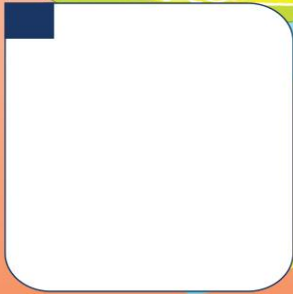




# Alton Elementary Breakfast Menu

February 2018



**1**  
**Pancakes w/ Syrup**  
*Scrambled Eggs w/ Sausage*  
 Pick Two Option  
 Applesauce  
 100% Fruit Juice

**2**  
**Cinnamon Sugar Donut**  
*Chocolate Chip Muffin*  
 Pick Two Option  
 Diced Peach Cup  
 100% Fruit Juice

**5**  
**Breakfast Pizza**  
*Apple Frudel*  
 Pick Two Option  
 Diced Pear Cup  
 100% Fruit Juice

**6**  
**Turkey Pancake Wrap**  
*Blueberry Bagel*  
 Pick Two Option  
 Mixed Fruit Cup  
 100% Fruit Juice

**7**  
**Country Chicken Biscuit**  
*Apple Cinnamon Muffin*  
 Pick Two Option  
 Mixed Fruit Cup  
 100% Fruit Juice

**8**  
**Powder Sugar Donut Holes**  
*Biscuit & Gravy*  
 Pick Two Option  
 Raisins  
 100% Fruit Juice

**9**  
**French Toast Sticks**  
*Egg, Ham, & Cheese Flatbread*  
 Pick Two Option  
 Diced Peach Cup  
 100% Fruit Juice

**12**  
**Mini Pancakes**  
*Breakfast Pizza*  
 Pick Two Option  
 Raisins  
 100% Fruit Juice

**13**  
**Banana Muffin**  
*Glazed Donut*  
 Pick Two Option  
 Mixed Fruit Cup  
 100% Fruit Juice

**14**  
**Scrambled Eggs w/ Sausage**  
*Cinnamon Raisin Bagel*  
 Pick Two Option  
 Mixed Fruit Cup  
 100% Fruit Juice

**15**  
**Apple Bosco Stick**  
*Waffles w/ Syrup*  
 Pick Two Option  
 Raisins  
 100% Fruit Juice

**16**  
**No School**  
*Teacher Institute*

**19**  
**No School**  
*Presidents' Day*

**20**  
**Breakfast Pizza**  
*Cherry Frudel*  
 Pick Two Option  
 Mixed Fruit Cup  
 100% Fruit Juice

**21**  
**Bacon, Egg, & Cheese Burrito**  
*Mini French Toast*  
 Pick Two Option  
 Mixed Fruit Cup  
 100% Fruit Juice

**22**  
**Biscuit & Gravy**  
*Blueberry Bagel*  
 Pick Two Option  
 Raisins  
 100% Fruit Juice

**23**  
**Sugar Cinnamon Donut Holes**  
*Chicken Biscuit Sandwich*  
 Pick Two Option  
 Diced Peach Cup  
 100% Fruit Juice

**26**  
**Breakfast Pizza**  
*Mini Strawberry Bagels*  
 Pick Two Option  
 Diced Pear Cup  
 100% Fruit Juice

**27**  
**Blueberry Muffin**  
*Turkey Pancake Wrap*  
 Pick Two Option  
 Mixed Fruit Cup  
 100% Fruit Juice

**28**  
**Mini Pancakes**  
*Glazed Cinnamon Roll*  
 Pick Two Option  
 Mixed Fruit Cup  
 100% Fruit Juice

**1**  
**Powder Sugar Donut Holes**  
*Biscuit & Gravy*  
 Pick Two Option  
 Diced Pear Cup  
 100% Fruit Juice

**2**  
**Cinnamon Raisin Breakfast Round**  
*Sausage, Egg, & Cheese Burrito*  
 Pick Two Option  
 Diced Peach Cup  
 100% Fruit Juice

Email: [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with any questions or concerns

For Menu Nutrition: Please visit <http://altonschools.schooldish.org>

**Pick Two Option**

Pick Two Items: Poptarts, Cereal Bars, String Cheese, Cereal, and Yogurt. Add a fruit to make a meal.

Fat Free White & Chocolate Milk served daily.