

			1 Pancakes w/ Syrup <i>Scrambled Eggs w/ Sausage</i> Pick Two Option Applesauce 100% Fruit Juice	2 Cinnamon Sugar Donut <i>Chocolate Chip Muffin</i> Pick Two Option Diced Peach Cup 100% Fruit Juice
5 Breakfast Pizza <i>Apple Frudel</i> Pick Two Option Diced Pear Cup 100% Fruit Juice	6 Turkey Pancake Wrap <i>Blueberry Bagel</i> Pick Two Option Mixed Fruit Cup 100% Fruit Juice	7 Country Chicken Biscuit <i>Apple Cinnamon Muffin</i> Pick Two Option Mixed Fruit Cup 100% Fruit Juice	8 Powder Sugar Donut Holes <i>Biscuit & Gravy</i> Pick Two Option Raisins 100% Fruit Juice	9 French Toast Sticks <i>Egg, Ham, & Cheese Flatbread</i> Pick Two Option Diced Peach Cup
12 Mini Pancakes <i>Breakfast Pizza</i> Pick Two Option Raisins 100% Fruit Juice	13 Banana Muffin <i>Glazed Donut</i> Pick Two Option Mixed Fruit Cup 100% Fruit Juice	14 Scrambled Eggs w/ Sausage <i>Cinnamon Raisin Bagel</i> Pick Two Option Mixed Fruit Cup 100% Fruit Juice	15 Apple Bosco Stick <i>Waffles w/ Syrup</i> Pick Two Option Raisins 100% Fruit Juice	16 No School <i>Teacher Institute</i>
19 No School <i>Presidents' Day</i>	20 Breakfast Pizza <i>Cherry Frudel</i> Pick Two Option Mixed Fruit Cup 100% Fruit Juice	21 Bacon, Egg, & Cheese Burrito <i>Mini French Toast</i> Pick Two Option Mixed Fruit Cup 100% Fruit Juice	22 Biscuit & Gravy <i>Blueberry Bagel</i> Pick Two Option Raisins 100% Fruit Juice	23 Sugar Cinnamon Donut Holes <i>Chicken Biscuit Sandwich</i> Pick Two Option Diced Peach Cup 100% Fruit Juice
26 Breakfast Pizza <i>Mini Strawberry Bagels</i> Pick Two Option Diced Pear Cup 100% Fruit Juice	27 Blueberry Muffin <i>Turkey Pancake Wrap</i> Pick Two Option Mixed Fruit Cup 100% Fruit Juice	28 Mini Pancakes <i>Glazed Cinnamon Roll</i> Pick Two Option Mixed Fruit Cup 100% Fruit Juice	1 Powder Sugar Donut Holes <i>Biscuit & Gravy</i> Pick Two Option Diced Pear Cup 100% Fruit Juice	2 Cinnamon Raisin Breakfast Round <i>Sausage, Egg, & Cheese Burrito</i> Pick Two Option Diced Peach Cup 100% Fruit Juice

Email: kbrueggeman@altonschools.org with any questions or concerns

For Menu Nutrition: Please visit <http://altonschools.schoolish.org>

Pick Two Option

Pick Two Items: Poptarts, Cereal Bars, String Cheese, Cereal, and Yogurt. Add a fruit to make a meal.

Fat Free White & Chocolate Milk served daily.