




February 2019

ALTON MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1	2	3	1 Spaghetti & Meatballs <i>Chicken Nuggets w/ breadstick</i> Steamed Broccoli Sliced Peaches	Special News... Daily Pizza Options: Cheese Pizza Pepperoni Pizza Daily Grill Options: Cheeseburger Chicken Patty Tater Tots or French Fries Sandwich Options: Monday, Wednesday, Friday: Ham & Cheese Tuesday & Thursday: Turkey & Cheese Salad Options: Monday- Egg Chef Salad Tuesday- Tossed Salad Wednesday- Buffalo Chicken Thursday- Tossed Salad Friday- Fruit Plate <small>Menus are subject to change without notice.</small>
4 BBQ Pork Riblet Sandwich <i>Meatloaf w/ Gravy</i> Tater Tots Mixed Fruit	5 Chicken Soft Tacos <i>Chicken Tenders w/ breadstick</i> Green Beans Diced Peas	6 Orange Popcorn Chicken <i>Grilled Reuben</i> Glazed Carrots Diced Peaches	7 Country Chicken Bowl <i>Corn Dog</i> <i>Refried Beans</i> <i>Applesauce</i>	8 Chicken & Noodles <i>Spicy Popcorn</i> <i>Chicken w/ breadstick</i> Steamed Peas Sliced Peaches	
11 Breaded Drumstick <i>Grilled Cheese</i> Mashed Potatoes Mixed Fruit	12 Beef Soft Tacos <i>Sloppy Joe Melt</i> <i>Tossed Salad</i> Green Beans Diced Peas	13 Horseshoe Sandwich <i>Chicken Nuggets w/ breadstick</i> Sweet Potato Tater Tots Diced Peaches	14 Pizza Meatball Sub <i>Jerk Chicken</i> <i>Flatbread</i> Baked Beans Applesauce	15 Chicken Alfredo <i>Chipolte Ranch</i> <i>Burger</i> Side Salad Mixed Fruit Cup	
18 NO SCHOOL 	19 Chicken Nachos <i>Fish Patty Sandwich</i> Refried Beans Diced Peas	20 Grilled Cheese w/ Tomato Soup <i>BBQ Pork Riblet Sandwich</i> Sweet Potato Fries Diced Peaches	21 Potato Crunch Fish Filet <i>Corn Dog</i> Black Beans Applesauce	22 Italian Meat Sauce w/ Penne <i>Spicy Chicken Sandwich</i> Steamed Peas Sliced Peaches	
25 Salisbury Steak & Gravy <i>Hot Dog on a Bun</i> Mashed Potatoes Mixed Fruit	26 Beef Nachos <i>Chicken Tenders w/ breadstick</i> Green Beans Diced Peas	27 Broccoli Cheese Potato <i>Meatball Pizza Sub</i> Glazed Carrots Diced Peaches	28 Backyard Burger <i>Spicy Popcorn</i> <i>Chicken w/ breadstick</i> Baked Beans Applesauce	1 Teriyaki Chicken w/ Vegetables <i>Breaded Honey</i> <i>Mustard Chicken</i> Steamed Broccoli Sliced Peaches	

Email: kbrueggeman@altonschools.org with any questions or concerns
 For Menu Nutrition: Please visit <http://altonschools.schooldish.org>

February Promotions:

February 4th- National Tater Tot Day
 February 14th- Valentine's Day

Check out this month's Fuel Promo:
 Breakfast Burrito and Wachos



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