



# Alton Elementary Breakfast Menu

## January 2018

<p><b>1</b></p> <p><b>No School</b> <i>New Year's Day</i></p>	<p><b>2</b></p> <p><b>No School</b> <i>Christmas Break</i></p>	<p><b>3</b></p> <p><b>Breakfast Pizza</b> <i>Apple Cinnamon Muffin</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>4</b></p> <p><b>Biscuits &amp; Gravy</b> <i>Powder Sugar Donut</i> Pick Two Option</p> <p>Raisins 100% Fruit Juice</p>	<p><b>5</b></p> <p><b>Egg, Ham, &amp; Cheese Flatbread</b> <i>Mini Cinnamon French Toast</i> Pick Two Option</p> <p>Diced Peach Cup 100% Fruit Juice</p>
<p><b>8</b></p> <p><b>Mini Pancakes</b> <i>Breakfast Pizza</i> Pick Two Option</p> <p>Diced Pear Cup 100% Fruit Juice</p>	<p><b>9</b></p> <p><b>Turkey Pancake Wrap</b> <i>Banana Muffin</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>10</b></p> <p><b>Scrambled Eggs w/ Sausage</b> <i>Cinnamon Raisin Bagel</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>11</b></p> <p><b>Cinnamon Sugar Donut Holes</b> <i>Apple Bosco Stick</i> Pick Two Option</p> <p>Raisins 100% Fruit Juice</p>	<p><b>12</b></p> <p><b>Turkey Sausage Sandwich</b> <i>Waffles w/ Syrup</i> Pick Two Option</p> <p>Diced Peach Cup 100% Fruit Juice</p>
<p><b>15</b></p> <p><b>No School</b> <i>Martin Luther King Jr. Day</i></p>	<p><b>16</b></p> <p><b>Breakfast Pizza</b> <i>Cherry Frudel</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>17</b></p> <p><b>Bacon, Egg, &amp; Cheese Burrito</b> <i>French Toast Sticks</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>18</b></p> <p><b>Blueberry Bagel</b> <i>Biscuits &amp; Gravy</i> Pick Two Option</p> <p>Raisins 100% Fruit Juice</p>	<p><b>19</b></p> <p><b>Country Chicken Biscuit</b> <i>Glazed Donut</i> Pick Two Option</p> <p>Diced Peach Cup 100% Fruit Juice</p>
<p><b>22</b></p> <p><b>Strawberry Mini Bagels</b> <i>Breakfast Pizza</i> Pick Two Option</p> <p>Diced Pear Cup 100% Fruit Juice</p>	<p><b>23</b></p> <p><b>Blueberry Muffin</b> <i>Turkey Pancake Wrap</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>24</b></p> <p><b>Cheesy Scrambled Eggs w/ Hashbrown</b> <i>Mini Pancakes</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>25</b></p> <p><b>Powder Sugar Donut Holes</b> <i>Apple Frudel</i> Pick Two Option</p> <p>Raisins 100% Fruit Juice</p>	<p><b>26</b></p> <p><b>Cheesy Sausage &amp; Egg Burrito</b> <i>Oatmeal Raisin Round</i> Pick Two Option</p> <p>Diced Peach Cup 100% Fruit Juice</p>
<p><b>29</b></p> <p><b>Breakfast Pizza</b> <i>Waffles w/ Syrup</i> Pick Two Option</p> <p>Diced Pear Cup 100% Fruit Juice</p>	<p><b>30</b></p> <p><b>Bacon, Egg, &amp; Cheese Flatbread</b> <i>Glazed Cinnamon Roll</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>31</b></p> <p><b>Cheesy Ham, Egg, &amp; Potato Taco</b> <i>Apple Bosco Stick</i> Pick Two Option</p> <p>Mixed Fruit Cup 100% Fruit Juice</p>	<p><b>1</b></p> <p><b>Pancakes w/ Syrup</b> <i>Scrambled Eggs w/ Sausage</i> Pick Two Option</p> <p>Raisins 100% Fruit Juice</p>	<p><b>2</b></p> <p><b>Cinnamon Sugar Donut</b> <i>Chocolate Chip Muffin</i> Pick Two Option</p> <p>Diced Peach Cup 100% Fruit Juice</p>

Email: [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with any questions or concerns

For Menu Nutrition: Please visit <http://altonschools.schooldish.org>

**Pick Two Option**

Pick Two Items: Poptarts, Cereal Bars, String Cheese, Cereal, and Yogurt. Add a fruit to make a meal.

Fat Free White & Chocolate Milk served daily.