



January 2019

ALTON MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 NO SCHOOL 	2 NO SCHOOL Christmas Break	3 Chicken Nachos <i>Sloppy Joe Sandwich</i> Refried Beans Applesauce	4 Jumbo Cheese Ravioli <i>Spicy Popcorn Chicken</i> Steamed Peas Sliced Peaches	Special News... Daily Pizza Options: Cheese Pizza Pepperoni Pizza Daily Grill Options: Cheeseburger Chicken Patty Tater Tots or French Fries Sandwich Options: Monday, Wednesday, Friday: Ham & Cheese Tuesday & Thursday: Turkey & Cheese Salad Options: Monday- Egg Chef Salad Tuesday- Tossed Salad Wednesday- Buffalo Chicken Thursday- Tossed Salad Friday- Fruit Plate Menus are subject to change without notice.
7 Breaded Drumstick <i>Grilled Cheese</i> Mashed Potatoes Mixed Fruit	8 Beef Soft Tacos <i>Sloppy Joe Melt</i> Tossed Salad Green Beans Diced Peas	9 Horseshoe Sandwich <i>Chicken Nuggets w/breadstick</i> Sweet Potato Tater Tots Diced Peaches	10 General Tso's Chicken <i>Jerk Chicken Flatbread</i> Baked Beans Applesauce	11 Chicken Alfredo <i>Chipolte Ranch Burger</i> Side Salad Mixed Fruit Cup	
14 Salisbury Steak & Gravy <i>Hot Dog on a Bun</i> Mashed Potatoes Mixed Fruit	15 Chicken Nachos <i>Fish Patty Sandwich</i> Refried Beans Diced Peas	16 Grilled Cheese w/ Tomato Soup <i>BBQ Pork Riblet Sandwich</i> Sweet Potato Fries Diced Peaches	17 Potato Crunch Fish Filet <i>Corn Dog</i> Black Beans Applesauce	18 Italian Meat Sauce w/ Penne <i>Spicy Chicken Sandwich</i> Steamed Peas Sliced Peaches	
21 NO SCHOOL 	22 Beef Nachos <i>Chicken Tenders</i> Green Beans Diced Peas	23 Broccoli Cheese Potato <i>Meatball Pizza Sub</i> Glazed Carrots Diced Peaches	24 Backyard Burger <i>Cheeseburger Meatloaf Sandwich</i> Baked Beans Applesauce	25 Teriyaki Chicken w/ Vegetables <i>Breaded Honey Mustard Chicken</i> Steamed Broccoli Sliced Peaches	
28 Fiery Cheetos Mac & Cheese <i>Chili Hot Dog</i> Tater Tots Mixed Fruit	29 Chicken Soft Tacos <i>BBQ Pork Riblet Sandwich</i> Green Beans Diced Peas	30 Spicy Popcorn Chicken Bowl <i>Corn Dog</i> Glazed Carrots Diced Peaches	31 French Toast Sticks w/ Sausage <i>Buffalo Drumstick</i> Baked Beans Applesauce	1 Spaghetti & Meatballs <i>Chicken Nuggets w/breadstick</i> Steamed Broccoli Sliced Peaches	

Email: kbrueggeman@altonschools.org with any questions or concerns
 For Menu Nutrition: Please visit <http://altonschools.schooldish.org>

January Promotions:
 January 9th- Horseshoe Sandwich
 January 15th- Check out Breakfast
 January 22nd- Maximum Mexican
 January 31st- Breakfast for Lunch

Check out this month's Fuel Promo:
 Cheesy Bread Chili & Walking Taco Chili!



This institution is an equal opportunity provider.