




Alton High School Lunch Menu

January 2019

	1 No School <i>New Year's Day Holiday</i>	2 No School <i>Christmas Break</i>	3 Beefy Frito Nachos <i>w/ green beans</i>	4 BBQ Pork Riblet Sandwich <i>w/ baked beans</i>
7 	8 	9 	10 	11 
Breaded Drumstick <i>w/ mashed potatoes</i>	Fish Nuggets w/ Mac & Cheese <i>w/ steamed peas</i>	Horseshoe Sandwich <i>w/ glazed carrots</i>	General Tso Chicken w/ Vegetables <i>w/ baked beans</i>	Chicken Alfredo <i>w/ side salad</i>
14 	15 	16 	17 	18 
Salisbury Steak & Gravy <i>w/ mashed potatoes</i>	Sweet & Sour Chicken w/ Broccoli <i>w/ carrots</i>	Grilled Cheese w/ Tomato Soup <i>w/ green beans</i>	Potato Crunch Fish Fillet <i>w/ baked beans</i>	Italian Meat Sauce & Penne <i>w/ steamed peas</i>
21	22	23	24	25
No School <i>Martin Luther King Jr. Day</i>	Chicken Parmesan Sandwich <i>w/ green beans</i>	Chili Cheese Potato <i>w/ glazed carrots</i>	Backyard Burger <i>w/ French fries</i>	Teriyaki Chicken w/ Vegetables <i>w/ steamed broccoli</i>
28	29	30	31	1
Fiery Cheetos Mac & Cheese <i>w/ tater bites</i>	Spicy Popcorn Chicken Bowl <i>w/ roasted mixed veggies</i>	Buffalo Drumstick <i>w/ sweet potato fries</i>	BBQ Chicken Melt <i>w/ baked beans</i>	Cajun Chili Fries <i>w/ broccoli</i>



Cheese and Pepperoni Pizza offered Daily
Buffalo Chicken Pizza offered Mon, Wed, and Fri.
Check out the Pizza line for a daily feature pizza



Daily Entrée
Variety of Fresh Salads made daily



Fresh Made Daily Sandwiches & Panni's offered daily




Monday/ Wednesday/ Friday- Beef or Chicken Nachos
Tuesday/ Thursday- Beef or Chicken Tacos



Chicken Patty Sandwich, Cheeseburger, and Spicy Chicken Patty Sandwich offered daily.
French Fries or Tater Tots offered daily



A variety of fresh fruit and vegetables offered daily.
For Menu Nutrition- Please Visit <http://altonschools.schooldish.com>

 Check out this month's fuel recipes:
Cheesy Bread Chili & Walking Taco Chili!!!!

Fat Free Milk offered Daily
Email: kbrueggeman@altonschools.org with any questions or concerns

This institution is an equal opportunity provider.
