



Alton High School Breakfast

December 2017

27

side items

28

side items

29

side items

30

side items

1
Egg, Ham, & Cheese Flatbread
 Powder Sugar Donut
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

4
Breakfast Pizza
 Mini Pancakes
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

5
Turkey Pancake Wrap
 Banana Muffin
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

6
Turkey Sausage Sandwich
 Cinnamon Raisin Bagel
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

7
Apple Bosco Stick
 Chicken & Maple Syrup Waffle
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

8
Bacon, Egg, & Cheese Flatbread
 Waffles w/ Syrup
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

11
Breakfast Pizza
 Oatmeal Raisin Benefit Bar
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

12
Country Chicken Biscuit
 Glazed Donut
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

13
Bacon, Egg, & Cheese Burrito
 French Toast Sticks w/ Powdered Sugar
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

14
Biscuits & Gravy
 Blueberry Bagel
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

15
Turkey Sausage Sandwich
 Chocolate Chip Breakfast Round
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

18
Breakfast Pizza
 French Toast Sticks w/ Powdered Sugar
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

19
Turkey Pancak Wrap
 Blueberry Muffin
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

20
Cheesy Scrambled Eggs w/ Hashbrown
 Cinnamon Breakfast Round
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

21
Turkey Sausage Sandwich
 Cinnamon Sugar Donut
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

22
No School
 Christmas Break

side items

25
No School
 Christmas Day Holiday

side items

26
No School
 Christmas Break

side items

27
No School
 Christmas Break

side items

28
No School
 Christmas Break

side items

29
No School
 Christmas Break

side items

Menu is subject to change.
 Email: kbrueggeman@altonschools.org with any questions or concerns.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Hiring Part Time- Apply at Aramark.com



Pick Two Options

Pick two items: Poptarts, Cereal Bars, String Cheese, and Yogurt. Add a fruit to make a meal.

For Menu Nutrition

Visit- <http://altonschools.schooldis>



Milk

Fat Free White and Chocolate available daily

