



# Alton K-12 Breakfast Menu

## December 2018

|  |   |   |   |   |
|--|---|---|---|---|
| <p><b>3</b></p> <p><b>Cinnamon Raisin Bagel</b><br/> <i>Cheesy Egg Breakfast Burger</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Banana<br/>         Diced Pears</p> | <p><b>4</b></p> <p><b>Grape Crescent</b><br/> <i>Sausage &amp; Cheese Biscuit</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Banana<br/>         Diced Pears</p>  | <p><b>5</b></p> <p><b>Breakfast Pizza</b><br/> <i>Scrambled Eggs w/ Hashbrown</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Banana<br/>         Diced Pears</p>    | <p><b>6</b></p> <p><b>Banana Muffin</b><br/> <i>Bacon, Egg, &amp; Cheese Flatbread</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Banana<br/>         Diced Pears</p> | <p><b>7</b></p> <p><b>Cinnamon Sugar Donut Holes</b><br/> <i>Chocolate Chip Benefit Bar</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Raisins<br/>         Diced Peaches</p> |
| <p><b>10</b></p> <p><b>Waffles w/ Syrup</b><br/> <i>Chicken Patty Breakfast Sandwich</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Apple<br/>         Diced Pears</p> | <p><b>11</b></p> <p><b>Vanilla Glazed Donut</b><br/> <i>Breakfast Pizza</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Orange Wedges<br/>         Mixed Fruit</p> | <p><b>12</b></p> <p><b>Chocolate Filled Crescent</b><br/> <i>Cheese Bosco Stick</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Grapes<br/>         Applesauce</p>   | <p><b>13</b></p> <p><b>Breakfast Pizza</b><br/> <i>Blueberry Bagel</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Banana<br/>         Diced Pears</p>                 | <p><b>14</b></p> <p><b>Biscuit w/ Gravy</b><br/> <i>Cinnamon Roll</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Raisins<br/>         Diced Peaches</p>                       |
| <p><b>17</b></p> <p><b>French Toast Sticks</b><br/> <i>Breakfast Pizza</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Grapes<br/>         Applesauce</p>               | <p><b>18</b></p> <p><b>Blueberry Muffin</b><br/> <i>Cheesy Egg Biscuit</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Orange Wedges<br/>         Mixed Fruit</p>  | <p><b>19</b></p> <p><b>Guavalito</b><br/> <i>Egg Omelet w/ Tater Tots &amp; Toast</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Grapes<br/>         Applesauce</p> | <p><b>20</b></p> <p><b>Maple Glazed Donut</b><br/> <i>Cheesy Sausage Biscuit</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Banana<br/>         Diced Pears</p>       | <p><b>21</b></p> <p><b>Cherry Frudel</b><br/> <i>Turkey Pancake Wrap</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Raisins<br/>         Diced Peaches</p>                    |
| <p><b>24</b></p> <p><b>NO SCHOOL</b><br/>         Christmas Break</p>  | <p><b>25</b></p> <p><b>NO SCHOOL</b></p>   | <p><b>26</b></p> <p><b>NO SCHOOL</b><br/>         Christmas Break</p>   | <p><b>27</b></p> <p><b>NO SCHOOL</b><br/>         Christmas Break</p>   | <p><b>28</b></p> <p><b>NO SCHOOL</b><br/>         Christmas Break</p>   |
| <p><b>31</b></p> <p><b>NO SCHOOL</b><br/>         Christmas Break</p>  | <p><b>1</b></p> <p><b>NO SCHOOL</b></p>    | <p><b>2</b></p> <p><b>NO SCHOOL</b><br/>         Christmas Break</p>  | <p><b>3</b></p> <p><b>Waffles w/ Syrup</b><br/> <i>Powder Sugar Donut Holes</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Fresh Banana<br/>         Diced Pears</p>        | <p><b>4</b></p> <p><b>Berry French Toast</b><br/> <i>Breakfast Pizza</i><br/>         Assorted Cereal<br/>         Pick Two Option</p> <p>Raisins<br/>         Diced Peaches</p>                    |

**Pick Two Options:** Pick Two Items and add a fruit to make a meal.  
 Cinnamon or Strawberry Poptart  
 Strawberry Banana Yogurt  
 String Cheese  
 Bug Bites

**Daily Offerings**  
 100% Fruit Juice  
 Fresh Fruit  
 Fat Free White & Chocolate Milk

**All Cereal is served w/ grain choice**