




# Alton High School Lunch Menu

December 2018

3 <b>Breaded Drumstick</b> w/ <i>mashed potatoes</i>	4 <b>Chili Mac</b> w/ <i>steamed peas</i>	5 <b>Country Chicken Bowl</b> w/ <i>glazed carrots</i>	6 <b>General Tso Chicken</b> w/ <i>Vegetables</i> w/ <i>baked beans</i>	7 <b>Chicken Alfredo</b> w/ <i>side salad</i>
10 <b>Salisbury Steak &amp; Gravy</b> w/ <i>mashed potatoes</i>	11 <b>Sweet &amp; Sour Chicken</b> w/ <i>Broccoli</i> w/ <i>green beans</i>	12 <b>Grilled Cheese Sandwich</b> w/ <i>sweet potato fries</i>	13 <b>Potato Crunch Fish Fillet</b> w/ <i>baked beans</i>	14 <b>Italian Meat Sauce &amp; Penne</b> w/ <i>steamed peas</i>
17 <b>Buffalo Glazed Drumstick</b> w/ <i>mashed potatoes</i>	18 <b>Chicken Parmesan Sandwich</b> w/ <i>green beans</i>	19 <b>Chili Cheese Potato</b> w/ <i>glazed carrots</i>	20 <b>Atomic Burger</b> w/ <i>French fries</i>	21 <b>Teriyaki Chicken</b> w/ <i>Vegetables</i> w/ <i>steamed broccoli</i>
24 <b>No School Christmas Break</b>	25 <b>No School</b> w/ <i>black beans</i>	26 <b>No School Christmas Break</b>	27 <b>No School Christmas Break</b>	28 <b>No School Christmas Break</b>
31 <b>No School Christmas Break</b>	1 <b>No School</b> w/ <i>steamed peas</i>	2 <b>No School Christmas Break</b>	3 <b>Beefy Frito Nachos</b> w/ <i>green beans</i>	4 <b>BBQ Pork Riblet Sandwich</b> w/ <i>baked beans</i>



**Cheese and Pepperoni Pizza offered Daily**  
Buffalo Chicken Pizza offered Mon, Wed, and Fri.  
Check out the Pizza line for a daily feature pizza



**Daily Entrée**  
Variety of Fresh Salads made daily




**Fresh Made Daily Sandwiches & Panni's offered daily**



Monday/ Wednesday/ Friday- Beef or Chicken Nachos  
Tuesday/ Thursday- Beef or Chicken Tacos



Chicken Patty Sandwich, Cheeseburger, and Spicy Chicken Patty Sandwich offered daily.  
French Fries or Tater Tots offered daily



A variety of fresh fruit and vegetables offered daily.  
For Menu Nutrition- Please Visit <http://altonschools.schooldish.com>

Check out this month's fuel recipes: **LOADED FRIES!!!**  
Disco Fries and Kickin' Chicken Fries!!!

Fat Free Milk offered Daily This institution is an equal opportunity provider.  
Email: [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org)  
with any questions or concerns

