




# Alton High School Lunch Menu

## November 2018

			1 General Tso Chicken w/ Vegetables w/ baked beans	2 Chicken Alfredo w/ side salad
5 Salisbury Steak & Gravy w/ mashed potatoes	6 Sweet & Sour Chicken w/ Broccoli w/ green beans	7 Grilled Cheese Sandwich w/ sweet potato fries	8 Potato Crunch Fish Fillet w/ baked beans	9 Italian Meat Sauce & Penne w/ steamed peas
12 Buffalo Glazed Drumstick w/ mashed potatoes	13 Chicken Parmesan Sandwich w/ green beans	14 Chili Cheese Potato w/ glazed carrots	15 Atomic Burger w/ French fries	16 Teriyaki Chicken w/ Vegetables w/ steamed broccoli
19 Fish Bites w/ Chili Sriracha w/ tater tots	20 Spicy Popcorn Chicken Bowl w/ black beans	21 No School Thanksgiving Break	22 No School	23 No School Thanksgiving Break
26 Meatloaf w/ Gravy & Roll w/ mashed potatoes	27 Meatball Pizza Sub w/ steamed peas	28 Orange Chicken w/ Broccoli w/ glazed carrots	29 BBQ Pork Riblet Sandwich w/ baked beans	30 Beefy Frito Nachos w/ refried beans



Cheese and Pepperoni Pizza offered Daily  
Buffalo Chicken Pizza offered Mon, Wed, and Fri.  
Check out the Pizzia line for a daily feature pizza



Daily Entrée  
Variety of Fresh Salads made daily




Fresh Made Daily Sandwiches & Panni's offered daily



Monday/ Wednesday/ Friday- Beef or Chicken Nachos  
Tuesday/ Thursday- Beef or Chicken Tacos



Chicken Patty Sandwich, Cheeseburger, and Spicy Chicken Patty Sandwich offered daily.  
French Fries or Tater Tots offered daily



A variety of fresh fruit and vegetables offered daily.  
For Menu Nutrition- Please Visit <http://altonschools.schoolish.com>

Check out this month's fuel recipes: **MAC HACKS!!!**  
Fiery Cheetos Mac 'n' Cheese & Spicy Sweet Chili Doritos Mac 'n' Cheese

Fat Free Milk offered Daily This institution is an equal opportunity provider.  
Email: [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with any questions or concerns

