

30

side items

31

side items

1
Chili Mac
 Popcorn Chicken w/ Breadstick
 Turkey & Cheese Sandwich
 Apple & Cheese Plate

side items
Steamed Zucchini, Celery Sticks
 Fresh Apple, Diced Pears, Grape Juice

2
Turkey Roast w/ Gravy
 Philly Cheesesteak
 Ham & Cheese Sandwich
 Popcorn Chicken Salad

side items
Kickin Pinto Beans, Baby Carrots
 Fresh Banana, Applesauce, Orange Juice

3
Cheese Pizza
 Cheeseburger
 Turkey, Ham, & Cheese Sandwich
 Bean Nacho Salad

side items
Tater Tots, Cucumber Slices
 Fresh Fruit Cup, Pineapple Tidbits, Fruit Juice

6
Pancakes & Sausage
 Chicken Patty w/ Cheese
 Turkey & Cheese Sandwich
 Kickin Pinto Taco Salad

side items
Tater Tots, Fresh Broccoli
 Fresh Grapes, Mixed Fruit, Fruit Juice

7
Fish Sticks w/ Mac & Cheese
 Chicken Nuggets w/ Breadstick
 Ham & Cheese Sandwich
 Turkey Chef Salad

side items
Green Beans, Fresh Red Peppers
 Fresh Orange, Diced Peaches, Apple Juice

8
Breaded Chicken Drumstick
 Grilled Cheese Sandwich
 Turkey & Cheese Sandwich
 Beef Nacho Salad

side items
Sweet Potato Fries, Zucchini Slices
 Fresh Apple, Diced Pears, Grape Juice

9
Bean & Rice Tortilla Bowl
 Cheeseburger
 Ham & Cheese Sandwich
 Popcorn Chicken Salad

side items
BBQ Chipotle Black Beans, Celery Sticks
 Fresh Banana, Applesauce, Orange Juice

10
Pepperoni Pizza
 Spicy Chicken Patty Sandwich
 Turkey, Ham, & Cheese Sandwich
 Ham Chef Salad

side items
French Fries, Cucumber Slices
 Fresh Fruit Cup, Mandarin Oranges, Fruit Juice

13
Chicken Drumstick w/ Roll
 Grilled Turkey & Cheese Melt
 Turkey & Cheese Sandwich
 Vegetarian Baja Salad

side items
Mashed Potatoes, Fresh Broccoli
 Grapes, Mixed Fruit, Cherry Juice

14
Rotini w/ Meatsauce & Breadstick
 Hot Dog on a Bun
 Ham & Cheese Sandwich
 Chicken Caesar Salad

side items
Green Beans, Fresh Red Peppers
 Fresh Orange, Diced Peaches, Apple Juice

15
Broccoli & Cheese Potato
 Chicken Nuggets w/ Breadstick
 Turkey & Cheese Sandwich
 All-American Chef Salad

side items
Glazed Carrots, Zucchini Slices
 Fresh Apple, Diced Pears, Grape Juice

16
Spicy Popcorn Chicken Bowl
 Cheeseburger
 Ham & Cheese Sandwich
 Egg Chef Salad

side items
Vegetarian Baked Beans, Celery Sticks
 Fresh Banana, Applesauce, Orange Juice

17
Pepperoni Pizza
 Chicken Patty Sandwich
 Turkey, Ham, & Cheese Sandwich
 Beef Taco Salad

side items
Tater Tots, Baby Carrots
 Fresh Fruit Cup, Mandarin Oranges, Fruit Juice

20
Meatloaf w/ Gravy & Roll
 Spicy Popcorn Chicken w/ Breadstick
 Turkey & Cheese Sandwich
 Fruit & Cheese Plate

side items
French Fries, Tomato Slices
 Fresh Grapes, Mixed Fruit, Fruit Juice

21
Chicken Mashed Potato Bowl
 Sloppy Joe Sandwich
 Ham & Cheese Sandwich
 Turkey Chef Salad

side items
Roasted Cauliflower, Cucumber Slices
 Fresh Orange, Diced Peaches, Apple Juice

22
Thanksgiving Break
 No School

side items

23 **Thanksgiving**
Thanksgiving Day Holiday
 No School

side items

24
Thanksgiving Holiday
 No School

side items

27
Breaded Mozzarella Sticks
 Chicken Patty Sandwich w/ Cheese
 Turkey & Cheese Sandwich
 Chicken Chef Salad

side items
Corn, Fresh Broccoli
 Fresh Grapes, Mixed Fruit, Fruit Juice

28
Cajun Meatball Stew
 Grilled Cheese Sandwich
 Ham & Cheese Sandwich
 Chicken Nacho Salad

side items
Green Beans, Fresh Red Peppers
 Fresh Orange, Diced Peaches, Apple Juice

29
Orange Popcorn Chicken
 BBQ Pork Riblet Sandwich
 Turkey & Cheese Sandwich
 Tossed Salad w/ Cheese

side items
Sweet Potato Tots, Zucchini Slices
 Fresh Apple, Diced Pears, Grape Juice

30
Spaghetti Cabornara
 Grilled Ham & Cheese
 Ham & Cheese Sandwich
 Turkey Chef Salad

side items
Charro Beans, Celery Sticks
 Fresh Banana, Applesauce, Orange Juice

1
Pepperoni Pizza
 Chicken Nuggets w/ Breadstick
 Turkey, Ham, & Cheese Sandwich
 Ham Chef Salad

side items
Tater Tots, Creamy Coleslaw
 Fresh Fruit Cup, Mandarin Oranges, Fruit Juice



Menu is subject to change.
 Email-kbrueggeman@altonschools.org
 with any questions or concerns.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

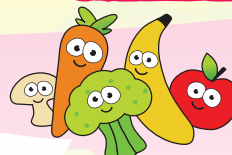
Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Sunbutter and Jelly offered daily

For Menu Nutrition

Please visit-<http://altonschools.schoolish.com>



Whole Grain

All salads are served with a whole grain option



Milk

Fat Free White or Chocolate available daily.