



# Alton Elementary Breakfast Menu

November 2017

**30**

*side items*

**31**

*side items*

**1**  
**Turkey Sausage Sandwich**  
 Cinnamon Raisin Bagel  
 Pick Two Option

*side items*  
 Fresh Pear, Applesauce  
 Orange Juice

**2**  
**Apple Bosco Stick**  
 Chicken & Maple Syrup Waffle  
 Pick Two Option

*side items*  
 Fresh Banana, Raisins  
 Cherry Star Juice

**3**  
**Half Grilled Ham & Cheese Sandwich**  
 Waffles w/ Syrup  
 Pick Two Option

*side items*  
 Fresh Grapes, Diced Peaches  
 Apple Juice

**6**  
**Biscuits & Gravy**  
 Oatmeal Raisin Benefit Bar  
 Pick Two Option

*side items*  
 Fresh Apple, Diced Pears  
 Grape Juice

**7**  
**Country Chicken Biscuit**  
 Glazed Donut  
 Pick Two Option

*side items*  
 Fresh Orange, Mixed Fruit  
 Fruit Blend Juice

**8**  
**Bacon, Egg, & Cheese Burrito**  
 French Toast Sticks w/ Powdered Sugar  
 Pick Two Option

*side items*  
 Fresh Pear, Applesauce  
 Orange Juice

**9**  
**Breakfast Pizza**  
 Blueberry Bagel  
 Pick Two Option

*side items*  
 Fresh Banana, Raisins  
 Cherry Star Juice

**10**  
**Turkey Sausage Sandwich**  
 Chocolate Chip Breakfast Round  
 Pick Two Option

*side items*  
 Fresh Grapes, Diced Peaches  
 Apple Juice

**13**  
**Cheesy Sausage & Egg Breakfast Burrito**  
 French Toast Sticks w/ Powdered Sugar  
 Pick Two Option

*side items*  
 Fresh Apple, Diced Pears  
 Grape Juice

**14**  
**Turkey Pancak Wrap**  
 Blueberry Muffin  
 Pick Two Option

*side items*  
 Fresh Orange, Mixed Fruit  
 Fruit Blend Juice

**15**  
**Cheesy Scrambled Eggs w/ Hashbrown**  
 Cinnamon Breakfast Round  
 Pick Two Option

*side items*  
 Fresh Pear, Applesauce  
 Orange Juice

**16**  
**Country Chicken Biscuit**  
 Cinnamon Sugar Donut  
 Pick Two Option

*side items*  
 Fresh Banana, Raisins  
 Cherry Star Juice

**17**  
**Breakfast Pizza**  
 Cherry Frudel  
 Pick Two Option

*side items*  
 Fresh Grapes, Diced Peaches  
 Apple Juice

**20**  
**Cheese Bosco Stick**  
 Waffles w/ Syrup  
 Pick Two Option

*side items*  
 Fresh Apple, Diced Pears  
 Grape Juice

**21**  
**Bacon, Egg, & Cheese Flatbread**  
 Glazed Cinnamon Roll  
 Pick Two Option

*side items*  
 Fresh Orange, Mixed Fruit  
 Fruit Blend Juice

**22**  
**Thanksgiving Break**  
 No School

*side items*

**23** **Thanksgiving**  
**Thanksgiving Day Holiday**  
 No School

*side items*

**24**  
**Thanksgiving Holiday**  
 No School

*side items*

**27**  
**Country Chicken Biscuit**  
 Apple Frudel  
 Pick Two Option

*side items*  
 Fresh Apple, Diced Pears  
 Grape Juice

**28**  
**Turkey Pancake Wrap**  
 Blueberry Bagel  
 Pick Two Option

*side items*  
 Fresh Orange, Mixed Fruit  
 Fruit Blend Juice

**29**  
**Breakfast Pizza**  
 Sunberry Breakfast Round  
 Pick Two Option

*side items*  
 Fresh Pear, Applesauce  
 Orange Juice

**30**  
**Cinnamon French Toast**  
 Apple Cinnamon Muffin  
 Pick Two Option

*side items*  
 Fresh Banana, Raisins  
 Cherry Star Juice

**1**  
**Egg, Ham, & Cheese Flatbread**  
 Powder Sugar Donut  
 Pick Two Option

*side items*  
 Fresh Grapes, Diced Peaches  
 Apple Juice



Email: [kbrueggeman@alton-schools.org](mailto:kbrueggeman@alton-schools.org) with any questions or concerns.  
 Menu is subject to change.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

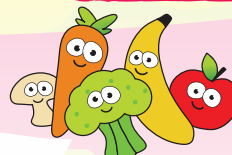
Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Breakfast is an important start to your day!

### Pick Two Option

Pick two items: Poptarts, Cereal Bars, String Cheese, and Yogurt. Add a fruit to make it a meal.



### For Menu Nutrition

Visit- <http://altonschools.schoolsdis>



### Milk

Fat Free White or Chocolate available daily.

