

**1**  
**Salisbury Steak & Gravy**  
Hot Dog on a Bun  
Egg Chef Salad  
Ham & Cheese Sandwich  
  
Mashed Potatoes  
Mixed Fruit

**2**  
**Sweet & Sour Chicken w/ Broccoli**  
Fish Patty Sandwich  
Tossed Salad  
Turkey & Cheese Sandwich  
  
Roasted Mixed Vegetables  
Diced Pears

**3**  
**Potato Crunch Fish Fillet**  
BBQ Pork Riblet Sandwich  
Buffalo Chicken Salad  
Ham & Cheese Sandwich  
  
Sweet Potato Fries  
Diced Peaches

**4**  
**CHICKEN SOFT TACOS**  
Grilled Ham & Cheese  
Tossed Salad  
Turkey & Cheese Sandwich  
  
Baked Beans  
Applesauce

**5**  
**NO SCHOOL**  
Madison County Institute

**8**  
**NO SCHOOL**  
  
Columbus Day

**9**  
**Chicken Parmesan**  
Grilled Turkey & Cheese  
Tossed Salad  
Turkey & Cheese Sandwich  
  
Green Beans  
Diced Pears

**10**  
**Chili Cheese Potato**  
Meatball Pizza Sub  
Buffalo Chicken Salad  
Ham & Cheese Sandwich  
  
Glazed Carrots  
Diced Peaches

**11**  
**Beef Nachos**  
Cheeseburger Meatloaf  
Sandwich  
Tossed Salad  
Turkey & Cheese Sandwich  
**SAUSAGE PIZZA**  
  
Baked Beans  
Applesauce

**12**  
**Teriyaki Chicken w/ Vegetables**  
Breaded Honey Mustard  
Chicken Melt  
Fruit Plate  
Ham & Cheese Sandwich  
  
Steamed Broccoli  
Mandarin Oranges

**15**  
**Fish Bites w/ Chili Sriracha**  
Chili Cheese Hot Dog  
Diced Chicken Salad  
Ham & Cheese Sandwich  
  
Criss Cut French Fries  
Mixed Fruit

**16**  
**Spicy Popcorn Chicken Bowl**  
Philly Cheesesteak  
Tossed Salad  
Turkey & Cheese Sandwich  
  
Roasted Cauliflower  
Diced Pears

**17**  
**JUMBO RAVIOLI**  
Jalapeno Garlic  
Hamburger  
Turkey & Ham Chef Salad  
Ham & Cheese Sandwich  
  
Mashed Sweet Potatoes  
Diced Peaches

**18**  
**BBQ Chicken Cheddar Melt**  
Fish Po'boy Sandwich w/  
Slaw  
Tossed Salad  
Turkey & Cheese Sandwich  
  
Campfire Pinto Beans  
Applesauce


**19**  
**Cajun Chili Fries**  
Grilled Ham & Cheese  
Popcorn Chicken Salad  
Ham & Cheese Sandwich  
  
Side Salad  
Pineapple Tidbits

**22**  
**Meatloaf & Gravy w/ Roll**  
BBQ Pork Riblet Sandwich  
Egg Chef Salad  
Ham & Cheese Sandwich  
  
Mashed Potatoes  
Mixed Fruit

**23**  
**PANCAKES WITH SAUSAGE**  
Sloppy Joe Sandwich  
Tossed Salad  
Turkey & Cheese Sandwich  
  
Tater Bites  
Diced Pears

**24**  
**Orange Chicken w/ Broccoli**  
Grilled Ruben  
Buffalo Chicken Salad  
Ham & Cheese Sandwich  
  
Sweet Potato Tater Tots  
Diced Peaches

**25**  
**NO SCHOOL**  
  
Parent/Teacher Conference

**26**  
**NO SCHOOL**  
  
Parent/Teacher Conference

**29**  
**Breaded Drumstick**  
Grilled Three Cheese  
Diced Chicken Salad  
Ham & Cheese Sandwich  
  
Mashed Potatoes  
Mixed Fruit

**30**  
**Beef & Bean Tacos**  
Sloppy Joe Sandwich  
Tossed Salad  
Turkey & Cheese Sandwich  
  
Green Beans  
Diced Pears

**31**  
**MEATBALL PIZZA SUB**  
Country Chicken Bowl  
Turkey & Ham Chef Salad  
Ham & Cheese Sandwich  
  
Glazed Carrots  
Diced Peaches

**1**  
**General Tso Chicken w/ Vegetables**  
Jerk Chicken Flatbread  
Tossed Salad  
Turkey & Cheese Sandwich  
  
Baked Beans  
Applesauce

**2**  
**Chicken Alfredo**  
Chipolte Ranch Burger  
Popcorn Chicken Salad  
Ham & Cheese Sandwich  
  
Side Salad  
Mixed Fruit Cup

**OCTOBER PROMOS**  
OCT 4<sup>TH</sup> - NATIONAL TACO DAY!  
OCTOBER 11<sup>TH</sup>- NATIONAL SAUSAGE PIZZA DAY!  
OCTOBER 17<sup>TH</sup>- NATIONAL PASTA DAY!  
OCTOBER 23<sup>RD</sup>- BREAKFAST FOR LUNCH  
OCTOBER 31<sup>ST</sup>- HALLOWEEN!  
Email: [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with any questions or concerns  
For Menu Nutrition: Please visit <http://altonschools.schoolidish.org>  
Menu is subject to change

**Daily Grill Features:**  
Cheeseburger  
Chicken Patty  
Tater Tots or French Fries  
**Daily Options:**  
Fresh Fruits and Vegetables  
Sunbutter and Jelly Sandwich  
Milk: Fat Free White or Chocolate offered daily.

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