



ALTON HIGH SCHOOL LUNCH

October 2017



THE GRILLE






Daily grab and Go...

Cheeseburger, Chicken Patty Sandwich, and Spicy Chicken Patty Sandwich served daily.

**M/W/F- Fries
T/Th- Tater Tots**



Check out the monthly fuel promotions

| | | | | |
|---|---|---|---|--|
| 2 Spaghetti & Meatballs <i>w/ corn</i> | 3 Fish Sticks w/ Mac & Cheese <i>w/ green beans</i> | 4 <i>National Taco Day</i> Breaded Chicken Drumstick <i>w/ sweet potato fries</i> | 5 Chili <i>w/ chipotle black bean</i> | 6 No School <i>Madison County Institute</i> |
| 9 NO SCHOOL <i>Columbus Day</i> | 10 Spaghetti w/ Meat Sauce <i>w/ green beans</i> | 11 Broccoli & Cheese Baked Potato <i>w/ glazed carrots</i> | 12 Country Popcorn Bowl <i>w/ baked beans</i> | 13 General Tso's Chicken <i>w/ broccoli</i> |
| 16  Meatloaf <i>w/ french fries</i> | 17  Spaghetti Carbonara <i>w/ roasted cauliflower</i> | 18  Cheesy Baked Penne <i>w/ sweet potatoes</i> | 19  Tater Tot Nachos <i>w/ campfire beans</i> | 20  Cajun Chili Fries <i>w/ steamed broccoli</i> |
| 23 Mozzarella Sticks <i>w/ corn</i> | 24 Oven Roasted Drumstick <i>w/ green beans</i> | 25 Orange Chicken <i>w/ sweet potato tots</i> | 26 No School <i>Parent Teacher Conference</i> | 27 No School <i>Parent Teacher Conference</i> |
| 30 Salisbury Steak <i>w/ mixed vegetables</i> | 31 Halloween Country Chicken Bowl <i>w/ roasted carrots</i> | 1 Chilli Mac <i>w/ steamed zucchini</i> | 2 Turkey Roast w/ Gravy <i>w/ baked beans</i> | 3 Chicken Jambalaya <i>w/ steamed broccoli</i> |

THE PIZZERIA

Daily grab and Go...

Big Daddy's Cheese and Pepperoni served daily

Monday
Big Daddy's Buffalo Chicken Pizza

Tuesday
Big Daddy's Four Meat Pizza

Wednesday
Big Daddy's Buffalo Chicken Pizza

Thursday
Big Daddy's Four Meat Pizza

Friday
Big Daddy's Buffalo Chicken Pizza

Check out the Pizza line for a daily feature pizza

DELI & GREENS....MADE 2 ORDER

grab and go...

TORTILLA.....MADE 2 ORDER

Start here!

Choose Entrée

start with a grain
bread, bagels, rolls, etc...
get some protein
meats, turkey, salads
find some cheese
american, swiss, cheddar...
customize it
vegetables, spreads...

Variety of Fresh Salads

Sandwiches:
Combo, Turkey, Ham

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

Beef Tacos

Chicken Nachos

Beef Tacos

Beef Nachos

Beef Tacos

decide what u want
Nachos, taco, salad, etc...
get some protein
Beef, chicken, legumes...
make it pretty
Salsas, lettuce, tomato, Cheeses, olives...

+ Take 2Any 2

Fresh fruits and veggies galore. Vegetable blends, dessert fruits and station-specific sides make choosing only two a difficult decision.
Low Fat Milk available daily

Email kbrueggeman@altonschools.org with questions or concerns.
For nutritional information visit altonschools.schoolidish.com



Menu is subject to change.

This institution is an equal opportunity provider