

<b>2</b> <b>Biscuits &amp; Gravy</b> Oatmeal Raisin Benefit Bar Pick Two Option <hr/> <i>side items</i> <b>Fresh Apple, Diced Pears</b> Grape Juice	<b>3</b> <b>Country Chicken Biscuit</b> Glazed Donut Pick Two Option <hr/> <i>side items</i> <b>Fresh Orange, Mixed Fruit</b> Fruit Blend Juice	<b>4</b> <b>Bacon, Egg, &amp; Cheese Burrito</b> French Toast Sticks w/ Powdered Sugar Pick Two Option <hr/> <i>side items</i> <b>Fresh Pear, Applesauce</b> Orange Juice	<b>5</b> <b>Breakfast Pizza</b> Blueberry Bagel Pick Two Option <hr/> <i>side items</i> <b>Fresh Banana, Raisins</b> Cherry Star Juice	<b>6</b> <b>NO SCHOOL</b> MADISON COUNTY INSTITUTE <hr/> <i>side items</i>
<b>9</b> <b>NO SCHOOL</b> COLUMBUS DAY <hr/> <i>side items</i>	<b>10</b> <b>Turkey Pancak Wrap</b> Blueberry Muffin Pick Two Option <hr/> <i>side items</i> <b>Fresh Orange, Mixed Fruit</b> Fruit Blend Juice	<b>11</b> <b>Cheesy Scrambled Eggs w/ Hashbrown</b> Cinnamon Breakfast Round Pick Two Option <hr/> <i>side items</i> <b>Fresh Pear, Applesauce</b> Orange Juice	<b>12</b> <b>Country Chicken Biscuit</b> Cinnamon Sugar Donut Pick Two Option <hr/> <i>side items</i> <b>Fresh Banana, Raisins</b> Cherry Star Juice	<b>13</b> <b>Breakfast Pizza</b> Cherry Frudel Pick Two Option <hr/> <i>side items</i> <b>Fresh Grapes, Diced Peaches</b> Apple Juice
<b>16</b> <b>Cheese Bosco Stick</b> Waffles w/ Syrup Pick Two Option <hr/> <i>side items</i> <b>Fresh Apple, Diced Pears</b> Grape Juice	<b>17</b> <b>Bacon, Egg, &amp; Cheese Flatbread</b> Glazed Cinnamon Roll Pick Two Option <hr/> <i>side items</i> <b>Fresh Orange, Mixed Fruit</b> Fruit Blend Juice	<b>18</b> <b>Cheesy Ham, Egg, &amp; Potato Bite Taco</b> Apple Bosco Stick Pick Two Option <hr/> <i>side items</i> <b>Fresh Pear, Applesauce</b> Orange Juice	<b>19</b> <b>Pancakes w/ Syrup</b> Scrambled Eggs w/ Sausage & Hashbrown Pick Two Option <hr/> <i>side items</i> <b>Fresh Banana, Raisins</b> Cherry Star Juice	<b>20</b> <b>Chicken &amp; Maple Syrup Waffle</b> Chocolate Chip Muffin Pick Two Option <hr/> <i>side items</i> <b>Fresh Grapes, Diced Peaches</b> Apple Juice
<b>23</b> <b>Country Chicken Biscuit</b> Apple Frudel Pick Two Option <hr/> <i>side items</i> <b>Fresh Apple, Diced Pears</b> Grape Juice	<b>24</b> <b>Turkey Pancake Wrap</b> Blueberry Bagel Pick Two Option <hr/> <i>side items</i> <b>Fresh Orange, Mixed Fruit</b> Fruit Blend Juice	<b>25</b> <b>Breakfast Pizza</b> Sunberry Breakfast Round Pick Two Option <hr/> <i>side items</i> <b>Fresh Pear, Applesauce</b> Orange Juice	<b>26</b> <b>NO SCHOOL</b> PARENT TEACHER CONFERENCE <hr/> <i>side items</i>	<b>27</b> <b>NO SCHOOL</b> PARENT TEACHER CONFERENCE <hr/> <i>side items</i>
<b>30</b> <b>Bacon, Egg, &amp; Cheese Flatbread</b> Mini Pancakes Pick Two Option <hr/> <i>side items</i> <b>Fresh Apple, Diced Pears</b> Grape Juice	<b>31</b> <b>Halloween</b> <b>Turkey Pancake Wrap</b> Banana Muffin Pick Two Option <hr/> <i>side items</i> <b>Fresh Orange, Mixed Fruit</b> Fruit Blend Juice	<b>1</b> <b>Turkey Sausage Sandwich</b> Cinnamon Raisin Bagel Pick Two Option <hr/> <i>side items</i> <b>Fresh Pear, Applesauce</b> Orange Juice	<b>2</b> <b>Apple Bosco Stick</b> Chicken & Maple Syrup Waffle Pick Two Option <hr/> <i>side items</i> <b>Fresh Banana, Raisins</b> Cherry Star Juice	<b>3</b> <b>Half Grilled Ham &amp; Cheese Sandwich</b> Waffles w/ Syrup Pick Two Option <hr/> <i>side items</i> <b>Fresh Grapes, Diced Peaches</b> Apple Juice

Menu is subject to change.  
 Email-kbrueggeman@altonschools.org with any questions or concerns.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Breakfast is an Important meal!

### Pick Two Option

Pick two items- Poptarts, Cereal Bars, String Cheese, and Yogurt. Add a fruit make a meal.



### For Menu Nutrition

Please visit:  
<http://altonschools.schooldis>



### Milk

Fat Free White or Chocolate available daily.