

2
Spagheetti & Meatballs
 Grilled Cheese Sandwich
 Turkey Sandwich
 Kickin Pinto Taco Salad

side items
Tater Tots, Fresh Broccoli
 Fresh Grapes, Mixed Fruit, Fruit Juice

3
Fish Sticks w/ Mac & Cheese
 Chicken Nuggets w/ Breadstick
 Chicken Caesar Sandwich
 Turkey Chef Salad

side items
Green Beans, Fresh Red Peppers
 Fresh Orange, Diced Peaches, Apple Juice

4
Crispy Beef Tacos
 Grilled Turkey Sandwich
 Ham Sandwich
 Beef Nacho Salad

side items
Sweet Potato Fries, Zucchini Slices
 Fresh Apple, Diced Pears, Grape Juice

5
Breaded Chicken Drumstick
 BBQ Chicken Flatbread
 All-American Sub
 Popcorn Chicken Salad

side items
BBQ Chipotle Black Beans, Celery Sticks
 Fresh Banana, Applesauce, Orange Juice

6
NO SCHOOL
 MADISON COUNTY INSTITUTE

side items

9
NO SCHOOL
 COLUMBUS DAY

side items

10
Rotini w/ Meatsauce & Breadstick
 Broccoli & Cheese Flatbread
 Turkey Wrap
 Chicken Caesar Salad

side items
Green Beans, Fresh Red Peppers
 Fresh Orange, Diced Peaches, Apple Juice

11
Broccoli & Cheese Potato
 Chicken Nuggets w/ Breadstick
 Ham & Turkey Sandwich
 All-American Chef Salad

side items
Glazed Carrots, Zucchini Slices
 Fresh Apple, Diced Pears, Grape Juice

12
Spicy Popcorn Chicken Bowl
 Meatball Sub
 Ranch Chicken Wrap
 Egg Chef Salad

side items
Vegetarian Baked Beans, Celery Sticks
 Fresh Banana, Applesauce, Orange Juice

13
General Tso Chicken w/ Broccoli
 Corn Dog
 Turkey & Cheese Sandwich
 Beef Taco Salad

side items
Tater Tots, Baby Carrots
 Fresh Fruit Cup, Mandarin Oranges, Fruit Juice

16 **Fuel**
Meatloaf w/ Gravy & Roll
 Spicy Chicken Patty Sandwich
 Turkey Sandwich
 Fruit & Cheese Plate

French Fries, Tomato Slices
 Fresh Grapes, Mixed Fruit, Fruit Juice

17 **Fuel**
Spaghetti Carbonara
 Sloppy Joe Sandwich
 Buffalo Chicken Wrap
 Turkey Chef Salad

Roasted Cauliflower, Cucumber Slices
 Fresh Orange, Diced Peaches, Apple Juice

18 **Fuel**
Cheesy Baked Penne
 BBQ Onion Cheeseburger
 Ham Sandwich
 All-American Cobb Salad

Mashed Sweet Potatoes, Celery Sticks
 Fresh Apple, Diced Pears, Grape Juice

19 **Fuel**
Tater Bite Chicken Nachos
 Hot Dog on a Bun
 Three Cheese Wrap
 Ranch Chicken Salad

Campfire Beans, Baby Carrots
 Fresh Banana, Applesauce, Orange Juice

20 **Fuel**
Cajun Chili Cheese Fries
 Breaded Fish Melt
 Ham & Cheese Sub
 Veggie Greek Salad

Tater Tots, Red Pepper Strips
 Fresh Fruit Cup, Pineapple Tidbits, Fruit Juice

23
Breaded Mozzarella Sticks
 Chicken Patty Sandwich w/ Cheese
 Santa Fe Turkey Wrap
 Chicken Chef Salad

side items
Corn, Fresh Broccoli
 Fresh Grapes, Mixed Fruit, Fruit Juice

24
Oven Roasted Drumstick
 Grilled Cheese Sandwich
 Ham & Cheese Sandwich
 Chicken Nacho Salad

side items
Green Beans, Fresh Red Peppers
 Fresh Orange, Diced Peaches, Apple Juice

25
Orange Popcorn Chicken
 Corn Dog
 Ranch Chicken Wrap
 Tossed Salad w/ Cheese

side items
Sweet Potato Tots, Zucchini Slices
 Fresh Apple, Diced Pears, Grape Juice

26
NO SCHOOL
 PARENT TEACHER CONFERENCE

side items

27
NO SCHOOL
 PARENT TEACHER CONFERENCE

side items

30
Salisbury Steak & Gravy
 Spicy Chicken Patty Sandwich
 Ham, Turkey, & Cheese Sandwich
 Chicken & Cheese Salad

side items
Mixed Vegetables, Tomato Slices
 Fresh Grapes, Mixed Fruit, Fruit Juice

31 **Halloween**
Country Chicken Nugget Bowl
 Italian Meatball Sub
 Roasted Vegetable Wrap
 All-American Cobb Salad

Roasted Carrots, Side Salad
 Fresh Orange, Diced Peaches, Apple Juice

1
Chili Mac
 Popcorn Chicken w/ Breadstick
 Ham & Cheese Sandwich
 Apple & Cheese Plate

side items
Steamed Zucchini, Celery Sticks
 Fresh Apple, Diced Pears, Grape Juice

2
Turkey Roast w/ Gravy
 Philly Cheesesteak
 Chicken Caesar Sandwich
 Popcorn Chicken Salad

side items
Kickin Pinto Beans, Baby Carrots
 Fresh Banana, Applesauce, Orange Juice

3
Chicken & Ham Jambalaya
 BBQ Chicken Flatbread
 Turkey & Cheese Wrap
 Bean Nacho Salad

side items
Tater Tots, Cucumber Slices
 Fresh Fruit Cup, Pineapple Tidbits, Fruit Juice

Menu Nutrition- <http://altonschools.schooldish.com>
 Email-kbrueggeman@altonschools.org with any questions or concerns.

Menu is subject to change.



Grill Feature

Chicken Patty Sandwiches and Cheeseburgers are offered daily. French Fries or Tater Tots offered daily



Pizza

Cheese or Pepperoni offered daily



Milk

Fat Free White or Chocolate available daily.