

2
Biscuits & Gravy
 Oatmeal Raisin Benefit Bar
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

3
Country Chicken Biscuit
 Glazed Donut
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

4
Bacon, Egg, & Cheese Burrito
 French Toast Sticks w/ Powdered Sugar
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

5
Breakfast Pizza
 Blueberry Bagel
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

6
NO SCHOOL
 MADISON COUNTY INSTITUTE

side items

9
NO SCHOOL
 COLUMBUS DAY

side items

10
Turkey Pancak Wrap
 Blueberry Muffin
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

11
Cheesy Scrambled Eggs w/ Hashbrown
 Cinnamon Breakfast Round
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

12
Country Chicken Biscuit
 Cinnamon Sugar Donut
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

13
Breakfast Pizza
 Cherry Frudel
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

16
Cheese Bosco Stick
 Waffles w/ Syrup
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

17
Bacon, Egg, & Cheese Flatbread
 Glazed Cinnamon Roll
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

18
Cheesy Ham, Egg, & Potato Bite Taco
 Apple Bosco Stick
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

19
Pancakes w/ Syrup
 Scrambled Eggs w/ Sausage & Hashbrown
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

20
Chicken & Maple Syrup Waffle
 Chocolate Chip Muffin
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

23
Country Chicken Biscuit
 Apple Frudel
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

24
Turkey Pancake Wrap
 Blueberry Bagel
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

25
Breakfast Pizza
 Sunberry Breakfast Round
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

26
NO SCHOOL
 PARENT TEACHER CONFERENCE

side items

27
NO SCHOOL
 PARENT TEACHER CONFERENCE

side items

30
Bacon, Egg, & Cheese Flatbread
 Mini Pancakes
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

31 **Halloween**
Turkey Pancake Wrap
 Banana Muffin
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

1
Turkey Sausage Sandwich
 Cinnamon Raisin Bagel
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

2
Apple Bosco Stick
 Chicken & Maple Syrup Waffle
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

3
Half Grilled Ham & Cheese Sandwich
 Waffles w/ Syrup
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

Menu is subject to change.
 E-mail: kbrueggeman@altonschools.org with any questions or concerns

Breakfast is an important meal!



Pick Two Option

Pick two items: Poptarts, Cereal Bars, String Cheese, and Yogurt. Add a fruit to make a meal.



Menu Nutrition

Please visit:
<http://altonschools.schooldis>



Milk

Fat Free White or Chocolate available daily.