





Alton High School Lunch Menu

October 2018

1 Salisbury Steak & Gravy w/ mashed potatoes	2 Sweet & Sour Chicken w/ Broccoli w/ roasted mixed	3 Grilled Cheese Sandwich w/ sweet potato fries	4 Potato Crunch Fish Fillet w/ baked beans	5 NO SCHOOL Madison County Institute Day
8 NO SCHOOL  Columbus Day	9 Chicken Parmesan w/ green beans	10 Chili Cheese Potato w/ glazed carrots	11 Hot Dog w/ baked beans	12 Teriyaki Chicken w/ Vegetables w/ steamed broccoli
15 Fish Bites w/ Chili Sriracha w/ criss cut French	16 Spicy Popcorn Chicken Bowl w/ roasted cauliflower	17 Jumbo Ravioli w/ mashed sweet potatoes	18 BBQ Chicken Cheddar Melt w/ campfire pinto beans	19 Cajun Chili Fries w/ side salad
22 Meatloaf w/ Gravy & Roll w/ mashed potatoes	23 Meatball Pizza Sub w/ green beans & carrots	24 Orange Chicken w/ Broccoli w/ sweet potato tater	25 NO SCHOOL Parent Teachers Conference	26 NO SCHOOL Parent Teachers Conference
29 Breaded Drumstick w/ mashed potatoes	30 Chili Mac w/ green beans	31 Country Chicken Bowl w/ carrots	1 General Tso Chicken w/ Vegetables w/ baked beans	2 Chicken Alfredo w/ side salad




Cheese and Pepperoni Pizza offered Daily
Buffalo Chicken Pizza offered Mon, Wed, and Fri.
Check out the Pizza line for a daily feature pizza



Daily Entrée
Variety of Fresh Salads made daily




Fresh Made Daily Sandwiches & Panni's offered daily



Monday- Beef or Chicken Nachos
Tuesday- Beef or Chicken Tacos
Wednesday- Beef or Chicken Nachos
Thursday- Beef or Chiciken Tacos
Friday- Beef or Chicken Nachos



Chicken Patty Sandwich, Cheeseburger, and Spicy Chicken Patty Sandwich offered daily.
French Fries or Tater Tots offered daily



A variety of fresh fruit and vegetables offered daily.
For Menu Nutrition- Please Visit <http://altonschools.schoolidish.com>

Fat Free Milk offered Daily
Email: kbrueggeman@altonschools.org with any questions or concerns

This institution is an equal opportunity provider.

