

3

No School



4

Chicken Parmesan
Grilled Turkey & Cheese
Tossed Salad
Turkey & Cheese Sandwich

Green Beans
Diced Pears

5

Chili Cheese Potato
Meatball Pizza Sub
Buffalo Chicken Salad
Ham & Cheese Sandwich

Glazed Carrots
Diced Peaches

6

Frank & Beans
Cheeseburger Meatloaf
Sandwich
Tossed Salad
Turkey & Cheese Sandwich

Baked Beans
Applesauce

7

**Teriyaki Chicken w/
Vegetables**
Breaded Honey Mustard
Chicken Melt
Fruit Plate
Ham & Cheese Sandwich

Steamed Broccoli
Pineapple Tidbits

10

**Fish Bites w/ Chili
Sriracha**
Chili Cheese Hot Dog
Diced Chicken Salad
Ham & Cheese Sandwich

Criss Cut French Fries
Mixed Fruit

11

**Spicy Popcorn Chicken
Bowl**
Philly Cheesesteak
Tossed Salad
Turkey & Cheese Sandwich

Roasted Cauliflower
Diced Pears

12

**Orange Chicken w/
Broccoli**
Grilled Ruben
Buffalo Chicken Salad
Ham & Cheese Sandwich

Sweet Potato Tater Tots
Diced Peaches

13

**BBQ Chicken Cheddar
Melt**
Fish Po'boy Sandwich
Tossed Salad
Turkey & Cheese Sandwich

Campfire Pinto Beans
Applesauce

14

Pancakes w/ Sausage
Grilled Ham & Cheese
Popcorn Chicken Salad
Ham & Cheese Sandwich

Tater Tots
Pineapple Tidbits

17

**Meatloaf & Gravy w/
Roll**
BBQ Pork Riblet Sandwich
Egg Chef Salad
Ham & Cheese Sandwich

Golden Corn
Mixed Fruit

18

**Chicken & Bean Soft
Nachos**
BBQ CHEESBURGER
Tossed Salad
Turkey & Cheese Sandwich

Black Chipotle Beans
Applesauce

19

Cheesy Baked Penne
BBQ Cheeseburger
Turkey Cobb Salad
Turkey & Cheese
Sandwich

Mashed Sweet Potatoes
Diced Pear Cup

20

Meatball Pizza Sub
Smokey Black Bean Salsa
Burger
Tossed Salad
Turkey & Cheese Sandwich

Green Beans & Carrots
Diced Pears

21

Beef Frito Nachos
Chicken Bruschetta Melt
Fruit Plate
Ham & Cheese Sandwich

Steamed Broccoli
Mandarin Oranges

24

**Breaded Chicken
Drumstick**
Broccoli Veggie Flatbread
Egg Chef Salad
Ham & Cheese Sandwich

Mashed Potatoes
Mixed Fruit

25

Beef & Bean Tacos
Sloppy Joe Sandwich
Tossed Salad
Turkey & Cheese Sandwich

Green Beans
Diced Pears

26

Country Chicken Bowl
Meatball Pizza Sub
Turkey & Ham Chef Salad
Ham & Cheese Sandwich

Dice Peaches
Diced Peaches

27

**General Tso Chicken w/
Vegetables**
Jerk Chicken Flatbread
Tossed Salad
Turkey & Cheese Sandwich

Baked Beans
Applesauce

28

Chicken Alfredo
Chipotle Ranch Burger
Popcorn Chicken Salad
Ham & Cheese Sandwich

Side Salad
Pineapple Tidbits

1

**Salisbury Steak &
Gravy**
Hot Dog on a Bun
Egg Chef Salad
Ham & Cheese Sandwich

Tater Bites
Mixed Fruit

2

**Sweet & Sour Chicken
w/ Broccoli**
Fish Patty Sandwich
Tossed Salad
Turkey & Cheese Sandwich

Roasted Mixed Vegetables
Diced Pears

3

Chicken Soft Tacos
BBQ Pork Riblet
Sandwich
Buffalo Chicken Salad
Ham & Cheese Sandwich

Sweet Potato Fries
Diced Peaches

4

**Potato Crunch Fish
Fillet**
Grilled Ham & Cheese
Tossed Salad
Turkey & Cheese Sandwich

Baked Beans
Applesauce

5

**Spaghetti w/ Meat
Sauce & Breadstick**
Philly Cheesesteak
Fruit Plate
Ham & Cheese Sandwich

Steamed Broccoli
Mandarin Oranges

SEPTEMBER PROMOS
Sept. 5- National Cheese Pizza Day!
Sept. 18- National Cheeseburger Day!
Sept. 27- National Chocolate Milk Day!

Email: kbrueggeman@altonschools.org with any questions or concerns
For Menu Nutrition: Please visit <http://altonschools.schoolsdish.org>
Menu is subject to change

Daily Grill Features:
Cheeseburger
Chicken Patty
Tater Tots or French Fries

Daily Pizza Options:
Cheese
Pepperoni

Daily Options:
Fresh Fruits and Vegetables
Sunbutter and Jelly Sandwich
Milk: Fat Free White or Chocolate offered daily.

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