



ALTON HIGH SCHOOL LUNCH

September 2017



THE GRILLE

Daily grab and Go...

Cheeseburger, Chicken Patty Sandwich, and Spicy Chicken Patty Sandwich served daily.

**M/W/F- Fries
T/Th- Tater Tots**

				1
				Sweet & Sour Chicken <i>w/ steamed broccoli</i>
4	5	6	7	8
NO SCHOOL <i>Labor Day</i>	Spaghetti w/ Meat Sauce <i>w/ green beans</i>	Broccoli & Cheese Baked Potato <i>w/ glazed carrots</i>	Country Popcorn Bowl <i>w/ baked beans</i>	General Tso's Chicken <i>w/ broccoli</i>
11	12	13	14	15
Meatloaf <i>w/ french fries</i>	Popcorn Chicken Bowl <i>w/ roasted cauliflower</i>	Cheesy Baked Penne <i>w/ sweet potatoes</i>	Tater Tot Nachos <i>w/ campfire beans</i>	Cajun Chili Fries <i>w/ steamed broccoli</i>
18	19	20	21	22
Mozzarella Sticks <i>w/ corn</i>	Cajun Meatball Stew <i>w/ green beans</i>	Orange Chicken <i>w/ sweet potato tots</i>	Spaghetti Carbonara <i>w/ black beans</i>	Corn Dog <i>w/ broccoli</i>
25	26	27	28	29
Salisbury Steak <i>w/ mixed vegetables</i>	Country Chicken Bowl <i>w/ roasted carrots</i>	Chilli Mac <i>w/ steamed zucchini</i>	Turkey Roast w/ Gravy <i>w/ baked beans</i>	Chicken Jambalaya <i>w/ steamed broccoli</i>

THE PIZZERIA

Daily grab and Go...

Big Daddy's Cheese and Pepperoni served daily

Monday
Big Daddy's Buffalo
Chicken Pizza

Tuesday
Big Daddy's Four Meat
Pizza

Wednesday
Big Daddy's Buffalo
Chicken Pizza

Thursday
Big Daddy's Four Meat
Pizza

Friday
Big Daddy's Buffalo
Chicken Pizza

Check out the Pizza line
for a daily feature pizza

DELI & GREENS....MADE 2 ORDER

grab and go...

TORTILLA.....MADE 2 ORDER

Start here!

Choose Entrée

start with a grain
bread, bagels, rolls, etc...
get some protein
meats, turkey, salads
find some cheese
american, swiss, cheddar...
customize it
vegetables, spreads...

Fish Sticks w/
Mac & Cheese

Variety of Fresh
Salads

Sandwiches:
Combo, Turkey, Ham

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

Beef Tacos

Chicken Nachos

Beef Tacos

Beef Nachos

Beef Tacos

decide what u want
Nachos, taco, salad, etc...
get some protein
Beef, chicken, legumes...
make it pretty
Salsas, lettuce, tomato,
Cheeses, olives...

+ Take 2Any 2

Fresh fruits and veggies galore. Vegetable blends, dessert fruits and station-specific sides make choosing only two a difficult decision.
Low Fat Milk available daily

Email kbrueggeman@altonschools.org with questions or concerns.
For nutritional information visit altonschools.schoolidish.com



Menu is subject to change.

This institution is an equal opportunity provider