

28

side items

29

side items

30

side items

31

side items

1

Sweet & Sour Chicken w/ Eggroll
 Pizza Burger
 Ham & Cheese Wrap
 Ham Chef Salad

side items

French Fries, Cucumber Slices
 Fresh Fruit Cup, Mandarin Oranges,
 Fruit Juice

4

No School
 Labor Day

side items

5

Rotini w/ Meatsauce & Breadstick
 Broccoli & Cheese Flatbread
 Turkey Wrap
 Chicken Caesar Salad

side items

Green Beans, Fresh Red Peppers
 Fresh Orange, Diced Peaches, Apple
 Juice

6

Broccoli & Cheese Potato
 Chicken Nuggets w/ Breadstick
 Ham & Turkey Sandwich
 All-American Chef Salad

side items

Glazed Carrots, Zucchini Slices
 Fresh Apple, Diced Pears, Grape Juice

7

Spicy Popcorn Chicken Bowl
 Meatball Sub
 Ranch Chicken Wrap
 Egg Chef Salad

side items

Vegetarian Baked Beans, Celery Sticks
 Fresh Banana, Applesauce, Orange
 Juice

8

General Tso Chicken w/ Broccoli
 Corn Dog
 Turkey & Cheese Sandwich
 Beef Taco Salad

side items

Tater Tots, Baby Carrots
 Fresh Fruit Cup, Mandarin Oranges,
 Fruit Juice

11

Meatloaf w/ Gravy & Roll
 Spicy Chicken Patty Sandwich
 Turkey Sandwich
 Fruit & Cheese Plate

side items

French Fries, Tomato Slices
 Fresh Grapes, Mixed Fruit, Fruit Juice

12

Chicken Mashed Potato Bowl
 Sloppy Joe Sandwich
 Buffalo Chicken Wrap
 Turkey Chef Salad

side items

Roasted Cauliflower, Cucumber Slices
 Fresh Orange, Diced Peaches, Apple
 Juice

13

Cheesy Baked Penne
 BBQ Onion Cheeseburger
 Ham Sandwich
 All-American Cobb Salad

side items

Mashed Sweet Potatoes, Celery Sticks
 Fresh Apple, Diced Pears, Grape Juice

14

Tater Bite Chicken Nachos
 Hot Dog on a Bun
 Three Cheese Wrap
 Ranch Chicken Salad

side items

Campfire Beans, Baby Carrots
 Fresh Banana, Applesauce, Orange
 Juice

15

Cajun Chili Cheese Fries
 Breaded Fish Melt
 Ham & Cheese Sub
 Veggie Greek Salad

side items

Tater Tots, Red Pepper Strips
 Fresh Fruit Cup, Pineapple Tidbits,
 Fruit Juice

18

Breaded Mozzarella Sticks
 Chicken Patty Sandwich w/
 Cheese
 Santa Fe Turkey Wrap
 Chicken Chef Salad

side items

Corn, Fresh Broccoli
 Fresh Grapes, Mixed Fruit, Fruit Juice

19

Cajun Meatball Stew
 Grilled Cheese Sandwich
 Ham & Cheese Sandwich
 Chicken Nacho Salad

side items

Green Beans, Fresh Red Peppers
 Fresh Orange, Diced Peaches, Apple
 Juice

20

Orange Popcorn Chicken
 Corn Dog
 Ranch Chicken Wrap
 Tossed Salad w/ Cheese

side items

Sweet Potato Tots, Zucchini Slices
 Fresh Apple, Diced Pears, Grape Juice

21

Spaghetti Cabornara
 Grilled Ham & Cheese
 Chicken Caesar Sandwich
 Turkey Chef Salad

side items

Charro Beans, Celery Sticks
 Fresh Banana, Applesauce, Orange
 Juice

22

Chicken & White Bean Chili
 BBQ Riblet Sandwich
 Turkey Sandwich
 Ham Chef Salad

side items

Tater Tots, Creamy Coleslaw
 Fresh Fruit Cup, Mandarin Oranges,
 Fruit Juice

25

Salisbury Steak & Gravy
 Spicy Chicken Patty Sandwich
 Ham, Turkey, & Cheese Sandwich
 Chicken & Cheese Salad

side items

Mixed Vegetables, Tomato Slices
 Fresh Grapes, Mixed Fruit, Fruit Juice

26

Country Chicken Nugget Bowl
 Italian Meatball Sub
 Roasted Vegetable Wrap
 All-American Cobb Salad

side items

Roasted Carrots, Side Salad
 Fresh Orange, Diced Peaches, Apple
 Juice

27

Chili Mac
 Popcorn Chicken w/ Breadstick
 Ham & Cheese Sandwich
 Apple & Cheese Plate

side items

Steamed Zucchini, Celery Sticks
 Fresh Apple, Diced Pears, Grape Juice

28

Turkey Roast w/ Gravy
 Philly Cheesesteak
 Chicken Caesar Sandwich
 Popcorn Chicken Salad

side items

Kickin Pinto Beans, Baby Carrots
 Fresh Banana, Applesauce, Orange
 Juice

29

Chicken & Ham Jambalaya
 BBQ Chicken Flatbread
 Turkey & Cheese Wrap
 Bean Nacho Salad

side items

Tater Tots, Cucumber Slices
 Fresh Fruit Cup, Pineapple Tidbits,
 Fruit Juice

For Menu Nutrition-<http://altonschools.schooldish.com/>
 Email: kbrueggeman@altonschools.org with
 questions or concerns.

Menu is subject to change.



Grill Features

Chicken Patty Sandwich and Cheeseburgers offered daily. French Fries or Tater Tots offered daily.

Pizza

Cheese and Pepperoni offered daily



Milk

Fat Free White or Chocolate