



Alton High School Lunch Menu

September 2018

3 No School 	4 Chicken Parmesan <i>w/ green beans</i>	5 Chili Cheese Potato <i>w/ glazed carrots</i>	6 Frank & Beans <i>w/ baked beans</i>	7 Teriyaki Chicken w/ Vegetables <i>w/ steamed broccoli</i>
10 Fish Bites w/ Chili Sriracha <i>w/ criss cut French fries</i>	11 Spicy Popcorn Chicken Bowl <i>w/ roasted cauliflower</i>	12 Jumbo Ravioli <i>w/ mashed sweet potatoes</i>	13 BBQ Chicken Cheddar Melt <i>w/ campfire pinto beans</i>	14 Cajun Chili Fries <i>w/ side salad</i>
17 Meatloaf w/ Gravy & Roll <i>w/ golden corn</i>	18 Meatball Pizza Sub <i>w/ green beans & carrots</i>	19 Orange Chicken w/ Broccoli <i>w/ sweet potato tater tots</i>	20 BBQ Pork Riblet Sandwich <i>w/ black chipotle beans</i>	21 Beefy Frito Nachos <i>w/ broccoli</i>
24 Breaded Drumstick <i>w/ mashed potatoes</i>	25 Chili Mac <i>w/ green beans</i>	26 Country Chicken Bowl <i>w/ carrots</i>	27 General Tso Chicken w/ Vegetables <i>w/ baked beans</i>	28 Chicken Alfredo <i>w/ side salad</i>
1 Salisbury Steak & Gravy <i>w/ tater bites</i>	2 Sweet & Sour Chicken w/ Broccoli <i>w/ roasted mixed veggies</i>	3 Grilled Cheese Sandwich <i>w/ sweet potato fries</i>	4 Potato Crunch Fish Fillet <i>w/ baked beans</i>	5 Spaghetti w/ Meat Sauce <i>w/ broccoli</i>

Cheese and Pepperoni Pizza offered Daily
 Buffalo Chicken Pizza offered Mon, Wed, and Fri.
 Check out the Pizza line for a daily feature pizza

Daily Entrée
 Variety of Fresh Salads made daily

Fresh Made Daily Sandwiches & Panni's offered daily

Monday- Beef Tacos
 Tuesday- Chicken Nachos
 Wednesday- Chicken Tacos
 Thursday- Beef Nachos
 Friday- Beef Tacos

Chicken Patty Sandwich, Cheeseburger, and Spicy Chicken Patty Sandwich offered daily.
 French Fries or Tater Tots offered daily

A variety of fresh fruit and vegetables offered daily.
 For Menu Nutrition- Please Visit <http://altonschools.schoolish.com>

