

**28**

*side items*

**29**

*side items*

**30**

*side items*

**31**

*side items*

**1**

**Pepperoni Pizza**  
Spicy Chicken Patty Sandwich  
Turkey, Ham, & Cheese Sandwich  
Ham Chef Salad

*side items*

**French Fries, Cucumber Slices**  
Fresh Fruit Cup, Mandarin Oranges,  
Fruit Juice

**4**

**Labor Day**  
NO SCHOOL

*side items*

**5**

**Rotini w/ Meatsauce & Breadstick**  
Hot Dog on a Bun  
Ham & Cheese Sandwich  
Chicken Caesar Salad

*side items*

**Green Beans, Fresh Red Peppers**  
Fresh Orange, Diced Peaches, Apple  
Juice

**6**

**Broccoli & Cheese Potato**  
Chicken Nuggets w/ Breadstick  
Turkey & Cheese Sandwich  
All-American Chef Salad

*side items*

**Glazed Carrots, Zucchini Slices**  
Fresh Apple, Diced Pears, Grape Juice

**7**

**Spicy Popcorn Chicken Bowl**  
Cheeseburger  
Ham & Cheese Sandwich  
Egg Chef Salad

*side items*

**Vegetarian Baked Beans, Celery Sticks**  
Fresh Banana, Applesauce, Orange  
Juice

**8**

**Pepperoni Pizza**  
Chicken Patty Sandwich  
Turkey, Ham, & Cheese Sandwich  
Beef Taco Salad

*side items*

**Tater Tots, Baby Carrots**  
Fresh Fruit Cup, Mandarin Oranges,  
Fruit Juice

**11**

**Meatloaf w/ Gravy & Roll**  
Spicy Popcorn Chicken w/  
Breadstick  
Turkey & Cheese Sandwich  
Fruit & Cheese Plate

*side items*

**French Fries, Tomato Slices**  
Fresh Grapes, Mixed Fruit, Fruit Juice

**12**

**Chicken Mashed Potato Bowl**  
Sloppy Joe Sandwich  
Ham & Cheese Sandwich  
Turkey Chef Salad

*side items*

**Roasted Cauliflower, Cucumber Slices**  
Fresh Orange, Diced Peaches, Apple  
Juice

**13**

**Cheesy Baked Penne**  
Spicy Chicken Patty Sandwich  
Turkey & Cheese Sandwich  
All-American Cobb Salad

*side items*

**Mashed Sweet Potatoes, Celery Sticks**  
Fresh Apple, Diced Pears, Grape Juice

**14**

**Tater Bite Chicken Nachos**  
Hot Dog on a Bun  
Ham & Cheese Sandwich  
Ranch Chicken Salad

*side items*

**Campfire Beans, Baby Carrots**  
Fresh Banana, Applesauce, Orange  
Juice

**15**

**Cheese Pizza**  
Breaded Fish Melt  
Turkey, Ham, & Cheese Sandwich  
Veggie Greek Salad

*side items*

**Tater Tots, Red Pepper Strips**  
Fresh Fruit Cup, Pineapple Tidbits,  
Fruit Juice

**18**

**Breaded Mozzarella Sticks**  
Chicken Patty Sandwich w/  
Cheese  
Turkey & Cheese Sandwich  
Chicken Chef Salad

*side items*

**Corn, Fresh Broccoli**  
Fresh Grapes, Mixed Fruit, Fruit Juice

**19**

**Cajun Meatball Stew**  
Grilled Cheese Sandwich  
Ham & Cheese Sandwich  
Chicken Nacho Salad

*side items*

**Green Beans, Fresh Red Peppers**  
Fresh Orange, Diced Peaches, Apple  
Juice

**20**

**Orange Popcorn Chicken**  
BBQ Pork Riblet Sandwich  
Turkey & Cheese Sandwich  
Tossed Salad w/ Cheese

*side items*

**Sweet Potato Tots, Zucchini Slices**  
Fresh Apple, Diced Pears, Grape Juice

**21**

**Spaghetti Cabornara**  
Grilled Ham & Cheese  
Ham & Cheese Sandwich  
Turkey Chef Salad

*side items*

**Charro Beans, Celery Sticks**  
Fresh Banana, Applesauce, Orange  
Juice

**22**

**Pepperoni Pizza**  
Chicken Nuggets w/ Breadstick  
Turkey, Ham, & Cheese Sandwich  
Ham Chef Salad

*side items*

**Tater Tots, Creamy Coleslaw**  
Fresh Fruit Cup, Mandarin Oranges,  
Fruit Juice

**25**

**Salisbury Steak & Gravy**  
Spicy Chicken Patty Sandwich  
Turkey & Cheese Sandwich  
Chicken & Cheese Salad

*side items*

**Mixed Vegetables, Tomato Slices**  
Fresh Grapes, Mixed Fruit, Fruit Juice

**26**

**Country Chicken Nugget Bowl**  
Grilled Turkey & Cheese Melt  
Ham & Cheese Sandwich  
All-American Cobb Salad

*side items*

**Roasted Carrots, Side Salad**  
Fresh Orange, Diced Peaches, Apple  
Juice

**27**

**Chili Mac**  
Popcorn Chicken w/ Breadstick  
Turkey & Cheese Sandwich  
Apple & Cheese Plate

*side items*

**Steamed Zucchini, Celery Sticks**  
Fresh Apple, Diced Pears, Grape Juice

**28**

**Turkey Roast w/ Gravy**  
Philly Cheesesteak  
Ham & Cheese Sandwich  
Popcorn Chicken Salad

*side items*

**Kickin Pinto Beans, Baby Carrots**  
Fresh Banana, Applesauce, Orange  
Juice

**29**


**Cheese Pizza**  
Cheeseburger  
Turkey, Ham, & Cheese Sandwich  
Bean Nacho Salad


*side items*

**Tater Tots, Cucumber Slices**  
Fresh Fruit Cup, Pineapple Tidbits,  
Fruit Juice



Email: [kbrueggeman@alton-schools.org](mailto:kbrueggeman@alton-schools.org) with any questions or concerns.

 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk

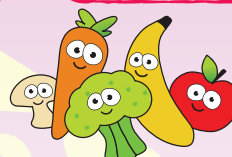
Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Sunbutter & Jelly offered daily

### Menu Nutrition

For menu nutrition information please visit:  
<http://altonschools.schooldish.com/>



### Whole Grain

All salads are served with a grain choice.



### Milk

Fat Free White and Chocolate available.