

28

side items

29

side items

30

side items

31

side items

1
Turkey Sausage Sandwich
 Chocolate Chip Breakfast Round
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

4
Labor Day
 NO SCHOOL

side items

5
Turkey Pancak Wrap
 Blueberry Muffin
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

6
Cheesy Scrambled Eggs w/ Hashbrown
 Cinnamon Breakfast Round
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

7
Country Chicken Biscuit
 Cinnamon Sugar Donut
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

8
Breakfast Pizza
 Cherry Frudel
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

11
Cheese Bosco Stick
 Waffles w/ Syrup
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

12
Bacon, Egg, & Cheese Flatbread
 Glazed Cinnamon Roll
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

13
Cheesy Ham, Egg, & Potato Bite Taco
 Apple Bosco Stick
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

14
Pancakes w/ Syrup
 Scrambled Eggs w/ Sausage & Hashbrown
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

15
Chicken & Maple Syrup Waffle
 Chocolate Chip Muffin
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

18
Country Chicken Biscuit
 Apple Frudel
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

19
Turkey Pancake Wrap
 Blueberry Bagel
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

20
Breakfast Pizza
 Sunberry Breakfast Round
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

21
Cinnamon French Toast
 Apple Cinnamon Muffin
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

22
Egg, Ham, & Cheese Flatbread
 Powder Sugar Donut
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice

25
Bacon, Egg, & Cheese Flatbread
 Mini Pancakes
 Pick Two Option

side items
 Fresh Apple, Diced Pears
 Grape Juice

26
Turkey Pancake Wrap
 Banana Muffin
 Pick Two Option

side items
 Fresh Orange, Mixed Fruit
 Fruit Blend Juice

27
Turkey Sausage Sandwich
 Cinnamon Raisin Bagel
 Pick Two Option

side items
 Fresh Pear, Applesauce
 Orange Juice

28
Apple Bosco Stick
 Chicken & Maple Syrup Waffle
 Pick Two Option

side items
 Fresh Banana, Raisins
 Cherry Star Juice

29
Half Grilled Ham & Cheese Sandwich
 Waffles w/ Syrup
 Pick Two Option

side items
 Fresh Grapes, Diced Peaches
 Apple Juice



Menu is subject to change
 Email: kbrueggeman@altonschools.org with any questions or concerns.

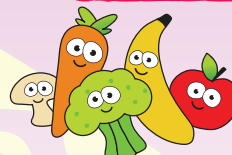
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Breakfast is an important meal



Pick Two Option

Pick two items: Poptarts, Cereal Bars, String Cheese, and Yogurt. Add a fruit to make it a meal.



For Menu Nutrition
<http://altonschools.schoolsdis.h.com>



Milk
 Fat Free White and Chocolate available.