



# Alton High Breakfast Menu

February 2019

1

2

3

1

**Pancakes w/ Syrup**  
*Chocolate Chip Muffin*

Raisins  
Diced Peaches

4

**Apple Frudel**  
*Cheesy Egg Biscuit*

Fresh Banana  
Diced Pears

5

**Vanilla Iced Donut**  
*Egg Bagel*

Fresh Orange Wedges  
Mixed Fruit

6

**Egg Omelet w/ Tater Tots**  
*Apple Cinnamon Muffin*

Fresh Grapes  
Applesauce

7

**Waffles w/ Syrup**  
*Powder Sugar Donut Holes*

Fresh Banana  
Diced Pears

8

**Breakfast Pizza**  
*Berry French Toast*

Raisins  
Diced Peaches

11

**Cheesy Egg Breakfast Burger**  
*Cinnamon Raisin Bagel*

Fresh Apple  
Diced Pears

12

**Sausage & Cheese Biscuit**  
*Grape Crescent*

Fresh Orange Wedges  
Mixed Fruit

13

**Scrambled Eggs w/ Hashbrown**  
*Chocolate Chip Benefit Bar*

Fresh Grapes  
Diced Pears

14

**Breakfast Pizza**  
*Banana Muffin*

Fresh Banana  
Diced Pears

15

**Bacon & Eggs w/ Biscuit**  
*Cinnamon Sugar Donut Holes*

Raisins  
Diced Peaches

18

**No School**



**PRESIDENT'S DAY**

19

**Iced Chocolate Donut**  
*Cheese Bosco Stick*

Fresh Orange Wedges  
Mixed Fruit

20

**Breakfast Pizza**  
*Chocolate Crescent*

Fresh Grapes  
Applesauce

21

**Cheesy Ham & Egg Tacos**  
*Blueberry Bagel w/ Cream Cheese*

Fresh Banana  
Diced Pears

22

**Country Sausage Donut Melt**  
*Cinnamon Roll*

Raisins  
Diced Peaches

25

**Breakfast Pizza**  
*Cinnamon French Toast Sticks*

Fresh Apple  
Diced Pears

26

**Cheesy Egg Biscuit**  
*Blueberry Muffin*

Fresh Orange Wedges  
Mixed Fruit

27

**Egg Omelet w/ Tater Tots & Toast**  
*Guavalito*

Fresh Grapes  
Applesauce

28

**Maple Glazed Donut**  
*Cheesy Sausage Biscuit*

Fresh Banana  
Diced Pears

**Cheesy Bacon & Egg Bagel**  
*Turkey Pancake Wrap*

Raisins  
Diced Peaches

Email: [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with any questions or concerns

For Menu Nutrition: Please visit <http://altonschools.schooldish.org>

Cereal offered daily.

Fat Free White & Chocolate Milk served daily.