



# Alton K-5 Breakfast Menu

## February 2019

				<b>1</b> <b>Turkey Pancake Wrap</b> <i>Chocolate Chip Muffin</i> Assorted Cereal Pick Two Option  Raisins Diced Peaches
<b>4</b> <b>Apple Frudel</b> <i>Cheesy Egg Biscuit</i> Assorted Cereal Pick Two Option  Fresh Grapes Applesauce	<b>5</b> <b>Vanilla Iced Donut</b> <i>Egg Bagel</i> Assorted Cereal Pick Two Option  Fresh Orange Wedges Mixed Fruit	<b>6</b> <b>Breakfast Pizza</b> <i>Apple Cinnamon Muffin</i> Assorted Cereal Pick Two Option  Fresh Grapes Applesauce	<b>7</b> <b>Waffles w/ Syrup</b> <i>Powder Sugar Donut Holes</i> Assorted Cereal Pick Two Option  Fresh Banana Diced Pears	<b>8</b> <b>Berry French Toast</b> <i>Cheesy Ham Biscuit</i> Assorted Cereal Pick Two Option  Raisins Diced Peaches
<b>11</b> <b>Cinnamon Raisin Bagel</b> <i>Cheesy Egg Breakfast Burger</i> Assorted Cereal Pick Two Option  Fresh Apple Diced Pears	<b>12</b> <b>Grape Crescent</b> <i>Sausage &amp; Cheese Biscuit</i> Assorted Cereal Pick Two Option  Fresh Orange Wedges Mixed Fruit	<b>13</b> <b>Breakfast Pizza</b> <i>Scrambled Eggs w/ Hashbrown</i> Assorted Cereal Pick Two Option  Fresh Grapes Applesauce	<b>14</b> <b>Banana Muffin</b> <i>Bacon, Egg, &amp; Cheese Flatbread</i> Assorted Cereal Pick Two Option  Fresh Banana Diced Pears	<b>15</b> <b>Cinnamon Sugar Donut Holes</b> <i>Chocolate Chip Benefit Bar</i> Assorted Cereal Pick Two Option  Raisins Diced Peaches
<b>18</b> <b>NO SCHOOL</b> 	<b>19</b> <b>Iced Chocolate Donut</b> <i>Breakfast Pizza</i> Assorted Cereal Pick Two Option  Fresh Orange Wedges Mixed Fruit	<b>20</b> <b>Chocolate Filled Crescent</b> <i>Cheese Bosco Stick</i> Assorted Cereal Pick Two Option  Fresh Grapes Applesauce	<b>21</b> <b>Breakfast Pizza</b> <i>Blueberry Bagel</i> Assorted Cereal Pick Two Option  Fresh Banana Diced Pears	<b>22</b> <b>Biscuit w/ Gravy</b> <i>Cinnamon Roll</i> Assorted Cereal Pick Two Option  Raisins Diced Peaches
<b>25</b> <b>Cinnamon French Toast</b> <i>Chicken Patty Breakfast Sandwich</i> Assorted Cereal Pick Two Option  Fresh Apple Diced Pears	<b>26</b> <b>Blueberry Muffin</b> <i>Cheesy Egg Biscuit</i> Assorted Cereal Pick Two Option  Fresh Orange Wedges Mixed Fruit	<b>27</b> <b>Guavalito</b> <i>Egg Omelet w/ Tater Tots &amp; Toast</i> Assorted Cereal Pick Two Option  Fresh Grapes Applesauce	<b>28</b> <b>Maple Glazed Donut</b> <i>Cheesy Sausage Biscuit</i> Assorted Cereal Pick Two Option  Fresh Banana Diced Pears	<b>1</b> <b>Cherry Frudel</b> <i>Turkey Pancake Wrap</i> Assorted Cereal Pick Two Option  Raisins Diced Peaches

**Pick Two Options:** Pick Two Items and add a fruit to make a meal.  
 Variety Cereal Bar (Cocoa Puff, Trix, Cinnamon Toast Crunch)  
 Poptart (Strawberry, Cinnamon, Fudge)  
 Strawberry Banana Yogurt  
 String Cheese  
 Bug Bites

**Daily Offerings**  
 100% Fruit Juice  
 Fresh Fruit  
 Fat Free White & Chocolate Milk

**All Cereal is served w/ grain choice**