

<p><b>28</b></p> <hr/> <p style="text-align: right;"><i>side items</i></p>	<p><b>29</b></p> <hr/> <p style="text-align: right;"><i>side items</i></p>	<p><b>30</b></p> <hr/> <p style="text-align: right;"><i>side items</i></p>	<p><b>31</b></p> <hr/> <p style="text-align: right;"><i>side items</i></p>	<p><b>1</b></p> <p><b>Turkey Sausage Sandwich</b> Chocolate Chip Breakfast Round Pick Two Option</p> <hr/> <p>Fresh Grapes, Diced Peaches Apple Juice</p>
<p><b>4</b></p> <p><b>Labor Day</b> NO SCHOOL</p> <hr/> <p style="text-align: right;"><i>side items</i></p>	<p><b>5</b></p> <p><b>Turkey Pancak Wrap</b> Blueberry Muffin Pick Two Option</p> <hr/> <p>Fresh Orange, Mixed Fruit Fruit Blend Juice</p>	<p><b>6</b></p> <p><b>Cheesy Scrambled Eggs w/ Hashbrown</b> Cinnamon Breakfast Round Pick Two Option</p> <hr/> <p>Fresh Pear, Applesauce Orange Juice</p>	<p><b>7</b></p> <p><b>Country Chicken Biscuit</b> Cinnamon Sugar Donut Pick Two Option</p> <hr/> <p>Fresh Banana, Raisins Cherry Star Juice</p>	<p><b>8</b></p> <p><b>Breakfast Pizza</b> Cherry Frudel Pick Two Option</p> <hr/> <p>Fresh Grapes, Diced Peaches Apple Juice</p>
<p><b>11</b></p> <p><b>Cheese Bosco Stick</b> Waffles w/ Syrup Pick Two Option</p> <hr/> <p>Fresh Apple, Diced Pears Grape Juice</p>	<p><b>12</b></p> <p><b>Bacon, Egg, &amp; Cheese Flatbread</b> Glazed Cinnamon Roll Pick Two Option</p> <hr/> <p>Fresh Orange, Mixed Fruit Fruit Blend Juice</p>	<p><b>13</b></p> <p><b>Cheesy Ham, Egg, &amp; Potato Bite Taco</b> Apple Bosco Stick Pick Two Option</p> <hr/> <p>Fresh Pear, Applesauce Orange Juice</p>	<p><b>14</b></p> <p><b>Pancakes w/ Syrup</b> Scrambled Eggs w/ Sausage &amp; Hashbrown Pick Two Option</p> <hr/> <p>Fresh Banana, Raisins Cherry Star Juice</p>	<p><b>15</b></p> <p><b>Chicken &amp; Maple Syrup Waffle</b> Chocolate Chip Muffin Pick Two Option</p> <hr/> <p>Fresh Grapes, Diced Peaches Apple Juice</p>
<p><b>18</b></p> <p><b>Country Chicken Biscuit</b> Apple Frudel Pick Two Option</p> <hr/> <p>Fresh Apple, Diced Pears Grape Juice</p>	<p><b>19</b></p> <p><b>Turkey Pancake Wrap</b> Blueberry Bagel Pick Two Option</p> <hr/> <p>Fresh Orange, Mixed Fruit Fruit Blend Juice</p>	<p><b>20</b></p> <p><b>Breakfast Pizza</b> Sunberry Breakfast Round Pick Two Option</p> <hr/> <p>Fresh Pear, Applesauce Orange Juice</p>	<p><b>21</b></p> <p><b>Cinnamon French Toast</b> Apple Cinnamon Muffin Pick Two Option</p> <hr/> <p>Fresh Banana, Raisins Cherry Star Juice</p>	<p><b>22</b></p> <p><b>Egg, Ham, &amp; Cheese Flatbread</b> Powder Sugar Donut Pick Two Option</p> <hr/> <p>Fresh Grapes, Diced Peaches Apple Juice</p>
<p><b>25</b></p> <p><b>Bacon, Egg, &amp; Cheese Flatbread</b> Mini Pancakes Pick Two Option</p> <hr/> <p>Fresh Apple, Diced Pears Grape Juice</p>	<p><b>26</b></p> <p><b>Turkey Pancake Wrap</b> Banana Muffin Pick Two Option</p> <hr/> <p>Fresh Orange, Mixed Fruit Fruit Blend Juice</p>	<p><b>27</b></p> <p><b>Turkey Sausage Sandwich</b> Cinnamon Raisin Bagel Pick Two Option</p> <hr/> <p>Fresh Pear, Applesauce Orange Juice</p>	<p><b>28</b></p> <p><b>Apple Bosco Stick</b> Chicken &amp; Maple Syrup Waffle Pick Two Option</p> <hr/> <p>Fresh Banana, Raisins Cherry Star Juice</p>	<p><b>29</b></p> <p><b>Half Grilled Ham &amp; Cheese Sandwich</b> Waffles w/ Syrup Pick Two Option</p> <hr/> <p>Fresh Grapes, Diced Peaches Apple Juice</p>

Menu is subject to change.  
Email [kbrueggeman@altonschools.org](mailto:kbrueggeman@altonschools.org) with any questions or concerns.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Breakfast is an important meal.

**Pick Two Option**

Pick two items: Poptarts, Cereal Bars, String Cheese, or Yogurt. Add a fruit to make it a meal.



**For Menu Nutrition**

<http://altonschools.schoolsids.h.org>



**Milk**

Fat Free White and Chocolate available