



# January 2019

## ALTON MIDDLE SCHOOL BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>Special News...</b> Daily Choices: Assorted Cereal 100% Fruit Juice Fresh Fruit Fat Free White & Chocolate Milk All Cereal is served w/ grain choice Pick Two Options: Variety Cereal Bar Poptarts Strawberry Banana Yogurt String Cheese Bug Bites Pick two items and add a fruit to make a meal!! Menus are subject to change without notice.
	<b>1</b> NO SCHOOL 	<b>2</b> NO SCHOOL Christmas Break	<b>3</b> Powder Sugar Donut Holes Waffles w/ Syrup Fresh Banana Diced Pears	<b>4</b> Breakfast Pizza Berry French Toast Raisins Diced Peaches	
<b>7</b> Cheesy Egg Breakfast Burger Cinnamon Raisin Bagel Fresh Apple Diced Pears	<b>8</b> Sausage & Cheese Biscuit Grape Crescent Fresh Orange Wedges Mixed Fruit	<b>9</b> Scrambled Eggs w/ Hashbrown Chocolate Chip Benefit Bar Fresh Grapes Diced Pears	<b>10</b> Breakfast Pizza Banana Muffin Fresh Banana Diced Pears	<b>11</b> Bacon & Eggs w/ Biscuit Cinnamon Sugar Donut Holes Raisins Diced Peaches	
<b>14</b> Chicken Patty Breakfast Sandwich Waffles w/ Syrup Fresh Apple Diced Pears	<b>15</b> Iced Chocolate Donut Cheese Bosco Stick Fresh Orange Wedges Mixed Fruit	<b>16</b> Breakfast Pizza Chocolate Crescent Fresh Grapes Applesauce	<b>17</b> Cheesy Ham & Egg Tacos Blueberry Bagel w/ Cream Cheesel Fresh Banana Diced Pears	<b>18</b> Country Sausage Donut Melt Cinnamon Roll Raisins Diced Peaches	
<b>21</b> NO SCHOOL 	<b>22</b> Cheesy Egg Biscuit Blueberry Muffin Fresh Orange Wedges Mixed Fruit	<b>23</b> Egg Omelet w/ Tater Tots & Toast Guavalito Fresh Grapes Applesauce	<b>24</b> Maple Glazed Donut Cheesy Sausage Biscuit Fresh Banana Diced Pears	<b>25</b> Cheesy Bacon & Egg Bagel Turkey Pancake Wrap Raisins Diced Peaches	
<b>28</b> Chicken Breakfast Nachos Apple Frudel Fresh Grapes Applesauce	<b>29</b> Biscuit & Gravy Cheesy Sausage Egg Bagel Fresh Orange Wedges Mixed Fruit	<b>30</b> Breakfast Pizza Turkey Pancake Wrap Fresh Grapes Applesauce	<b>31</b> Cinnamon Sugar Donut Holes Cheesy Ham Biscuit Fresh Banana Diced Pears	<b>1</b> Pancakes w/ Syrup Chocolate Chip Muffin Raisins Diced Peaches	

### Check out some NEW breakfast items:

- January 15<sup>th</sup>- Iced Chocolate Donut
- January 18<sup>th</sup>- Country Sausage Donut Melt
- January 28<sup>th</sup>- Chicken Breakfast Nachos



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