

## Alton K-5 Breakfast Menu January 2019



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**NO SCHOOL** 

Christmas Break

Waffles w/ Syrup

Powder Sugar Donut Holes Assorted Cereal Pick Two Option

> Fresh Banana **Diced Pears**

Breakfast Pizza

Berry French Toast Assorted Cereal Pick Two Option

> Raisins **Diced Peaches**

Cinnamon Raisin Bagel

Cheesy Egg Breakfast Burger Assorted Cereal Pick Two Option

> Fresh Apple Diced Pears

**Grape Crescent** 

Sausage & Cheese Biscuit Assorted Cereal Pick Two Option

Fresh Orange Wedges Mixed Fruit

Breakfast Pizza

Scrambled Eggs w/ Hashbrown **Assorted Cereal** Pick Two Option

> Fresh Grapes **Applesauce**

10

Banana Muffin

Bacon, Egg, & Cheese **Flatbread** Assorted Cereal Pick Two Option

> Fresh Banana **Diced Pears**

Cinnamon Sugar Donut Holes

Chocolate Chip Benefit Bar Assorted Cereal Pick Two Option

> Raisins **Diced Peaches**

14

Waffles w/ Syrup

Chicken Patty Breakfast Sandwich Assorted Cereal Pick Two Option

> Fresh Apple Diced Pears

15

**Iced Chocolate Donut** 

Breakfast Pizza **Assorted Cereal** Pick Two Option

Fresh Orange Wedges Mixed Fruit

16

Chocolate Filled Crescent

Cheese Bosco Stick **Assorted Cereal** Pick Two Option

> Fresh Grapes **Applesauce**

17

Breakfast Pizza

Blueberry Bagel **Assorted Cereal** Pick Two Option

Fresh Banana **Diced Pears** 

18

Biscuit w/ Gravy

Cinnamon Roll **Assorted Cereal** Pick Two Option

Raisins **Diced Peaches** 

21

NO SCHOOL



22

**Blueberry Muffin** 

Cheesy Egg Biscuit Assorted Cereal Pick Two Option

Fresh Orange Wedges Mixed Fruit

23

Guavalito

Egg Omelet w/ Tater Tots & Toast Assorted Cereal Pick Two Option

> Fresh Grapes **Applesauce**

24

Maple Glazed Donut

Cheesy Sausage Biscuit Assorted Cereal Pick Two Option

> Fresh Banana **Diced Pears**

25

Cherry Frudel

Turkey Pancake Wrap **Assorted Cereal** Pick Two Option

> Raisins **Diced Peaches**

28

Waffles w/ Syrup Sausage, Egg, Cheese

Bagel **Assorted Cereal** Pick Two Option

> Fresh Grapes **Applesauce**

29

Biscuit & Gravy

Cinnamon Roll Assorted Cereal Pick Two Option

Fresh Orange Wedges Mixed Fruit

30

Breakfast Pizza

Apple Bosco Stick Assorted Cereal Pick Two Option

> Fresh Grapes **Applesauce**

Cinnamon Sugar Donut **Holes** 

> Cheesy Ham Biscuit Assorted Cereal Pick Two Option

> > Fresh Banana **Diced Pears**

Turkey Pancake Wrap

Chocolate Chip Muffin **Assorted Cereal** Pick Two Option

> Raisins **Diced Peaches**

Pick Two Options: Pick Two Items and add a fruit to make a meal. Variety Cereal Bar (Cocoa Puff, Trix, Cinnamon Toast Crunch) Poptart (Strawberry, Cinnamon, Fudge) Strawberry Banana Yogurt

String Cheese **Bug Bites** 

**Daily Offerings** 

100% Fruit Juice Fresh Fruit

Fat Free White & Chocolate Milk

All Cereal is served

w/ grain choice