

<p>31</p> <hr/> <p><i>side items</i></p>	<p>1</p> <hr/> <p><i>side items</i></p>	<p>2</p> <hr/> <p><i>side items</i></p>	<p>3</p> <hr/> <p><i>side items</i></p>	<p>4</p> <hr/> <p><i>side items</i></p>
<p>7</p> <hr/> <p><i>side items</i></p>	<p>8</p> <hr/> <p><i>side items</i></p>	<p>9</p> <hr/> <p><i>side items</i></p>	<p>10</p> <hr/> <p><i>side items</i></p>	<p>11</p> <hr/> <p><i>side items</i></p>
<p>14</p> <hr/> <p><i>side items</i></p>	<p>15</p> <hr/> <p><i>side items</i></p>	<p>16</p> <hr/> <p><i>side items</i></p>	<p>17 Cinnamon French Toast Apple Cinnamon Muffin Pick Two Option</p> <hr/> <p>Fresh Banana, Raisins Cherry Star Juice</p>	<p>18 Egg, Ham, & Cheese Flatbread Powder Sugar Donut Pick Two Option</p> <hr/> <p>Fresh Grapes, Diced Peaches Apple Juice</p>
<p>21 Bacon, Egg, & Cheese Flatbread Mini Pancakes Pick Two Option</p> <hr/> <p>Fresh Apple, Diced Pears Grape Juice</p>	<p>22 Turkey Pancake Wrap Banana Muffin Pick Two Option</p> <hr/> <p>Fresh Orange, Mixed Fruit Fruit Blend Juice</p>	<p>23 Turkey Sausage Sandwich Cinnamon Raisin Bagel Pick Two Option</p> <hr/> <p>Fresh Pear, Applesauce Orange Juice</p>	<p>24 Apple Bosco Stick Chicken & Maple Syrup Waffle Pick Two Option</p> <hr/> <p>Fresh Banana, Raisins Cherry Star Juice</p>	<p>25 Half Grilled Ham & Cheese Sandwich Waffles w/ Syrup Pick Two Option</p> <hr/> <p>Fresh Grapes, Diced Peaches Apple Juice</p>
<p>28 Biscuits & Gravy Oatmeal Raisin Benefit Bar Pick Two Option</p> <hr/> <p>Fresh Apple, Diced Pears Grape Juice</p>	<p>29 Country Chicken Biscuit Glazed Donut Pick Two Option</p> <hr/> <p>Fresh Orange, Mixed Fruit Fruit Blend Juice</p>	<p>30 Bacon, Egg, & Cheese Burrito French Toast Sticks w/ Powdered Sugar Pick Two Option</p> <hr/> <p>Fresh Pear, Applesauce Orange Juice</p>	<p>31 Breakfast Pizza Blueberry Bagel Pick Two Option</p> <hr/> <p>Fresh Banana, Raisins Cherry Star Juice</p>	<p>1 Turkey Sausage Sandwich Chocolate Chip Breakfast Round Pick Two Option</p> <hr/> <p>Fresh Grapes, Diced Peaches Apple Juice</p>

For Menu Nutrition-<http://altonschools.schooldish.com/>
 Email: kbrueggeman@altonschools.org with questions or concerns.

Menu is subject to change.

Pick Two Option

Pick two items: Poptarts, Cereal bars, String cheese, and Yogurt. Add a fruit to make it a meal.



Milk
 Fat Free White or Chocolate