

31 <hr/> <i>side items</i>	1 <hr/> <i>side items</i>	2 <hr/> <i>side items</i>	3 <hr/> <i>side items</i>	4 <hr/> <i>side items</i>
7 <hr/> <i>side items</i>	8 <hr/> <i>side items</i>	9 <hr/> <i>side items</i>	10 <hr/> <i>side items</i>	11 <hr/> <i>side items</i>
14 <hr/> <i>side items</i>	15 <hr/> <i>side items</i>	16 <hr/> <i>side items</i>	17 Cinnamon French Toast Apple Cinnamon Muffin Pick Two Option <i>side items</i> Fresh Banana, Raisins Cherry Star Juice	18 Egg, Ham, & Cheese Flatbread Powder Sugar Donut Pick Two Option <i>side items</i> Fresh Grapes, Diced Peaches Apple Juice
21 Bacon, Egg, & Cheese Flatbread Mini Pancakes Pick Two Option <i>side items</i> Fresh Apple, Diced Pears Grape Juice	22 Turkey Pancake Wrap Banana Muffin Pick Two Option <i>side items</i> Fresh Orange, Mixed Fruit Fruit Blend Juice	23 Turkey Sausage Sandwich Cinnamon Raisin Bagel Pick Two Option <i>side items</i> Fresh Pear, Applesauce Orange Juice	24 Apple Bosco Stick Chicken & Maple Syrup Waffle Pick Two Option <i>side items</i> Fresh Banana, Raisins Cherry Star Juice	25 Half Grilled Ham & Cheese Sandwich Waffles w/ Syrup Pick Two Option <i>side items</i> Fresh Grapes, Diced Peaches Apple Juice
28 Biscuits & Gravy Oatmeal Raisin Benefit Bar Pick Two Option <i>side items</i> Fresh Apple, Diced Pears Grape Juice	29 Country Chicken Biscuit Glazed Donut Pick Two Option <i>side items</i> Fresh Orange, Mixed Fruit Fruit Blend Juice	30 Bacon, Egg, & Cheese Burrito French Toast Sticks w/ Powdered Sugar Pick Two Option <i>side items</i> Fresh Pear, Applesauce Orange Juice	31 Breakfast Pizza Blueberry Bagel Pick Two Option <i>side items</i> Fresh Banana, Raisins Cherry Star Juice	1 Turkey Sausage Sandwich Chocolate Chip Breakfast Round Pick Two Option <i>side items</i> Fresh Grapes, Diced Peaches Apple Juice



WELCOME BACK
 Email: kbrueggeman@altonschools.org with any questions or concerns.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

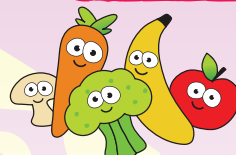
Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Breakfast is an important meal

Pick Two Option

Pick two items: Poptarts, Cereal Bars, String Cheese, and Yogurt. Add a fruit to make it a meal.



For Menu Nutrition
<http://altonschools.schoolsdis.h.com>



Milk
 Fat Free White and Chocolate available.