



Alton K-5 Lunch Menu

May 2017

1
Cheese Pizza Sticks
 Cheeseburger
 Chicken Chef Salad
 Turkey Wrap

side items
 Sweet Golden Corn, Fresh Broccoli
 Fresh Apple Wedges, Mixed Fruit, Fruit Juice

2
Salisbury Steak w/ Gravy
 BBQ Pork Riblet Sandwich
 Nacho Salad
 Ham & Cheese Sandwich

side items
Green Beans, Red Peppers
 Fresh Orange Wedges, Diced Peaches, Apple Juice

3
Orange Popcorn Chicken
 Chicken Nuggets w/ Breadstick
 Turkey & Cheese Salad
 Three Cheese Wrap

side items
Sweet Potato Tots, Celery Sticks
 Fresh Apple Wedges, Diced Pears, Grape Juice

4
Spicy Chicken Sandwich
 Hot Dog on a Bun
 Tossed Salad w/ Cheese
 Ham & Cheese Wrap

side items
Black Charro Beans, Celery Sticks
 Fresh Banana, Applesauce, Orange Juice

5 **Cinco de Mayo**
Beef Tacos
 Cheese Pizza
 Chicken Ham Chef Salad
 Turkey Sandwich

Tater Tots, Baby Carrots
 Fresh Fruit Cup, Mandarin Oranges, Fruit Juice

8
BBQ Riblet Sandwich
 Spicy Chicken Sandwich
 Chicken & Cheese Salad
 Ham, Turkey, & Cheese Sandwich

side items
 Roasted Mixed Vegetables, Fresh Tomato Wedges
 Fresh Apple Wedges, Mixed Fruit, Fruit Juice

9
Country Chicken Nugget Bowl
 Chicken Cheesteak
 All-American Cobb Salad
 Turkey Sub

side items
Steamed Carrots, Fresh Zucchini
 Fresh Orange Wedges, Diced Peaches, Apple Juice

10
Pizza Meatball Sub
 Chicken Nuggets w/ Breadstick
 Fresh Apple, Yogurt, & Cheese Plate
 Ham & Cheese Wrap

side items
Campfire Beans, Celery Sticks
 Fresh Apple Wedges, Diced Pears, Grape Juice

11
Beef Nachos
 Cheeseburger
 Popcorn Chicken Salad
 Cheese Sandwich

side items
Steamed Zucchini, Baby Carrots
 Fresh Banana, Applesauce, Orange Juice

12
Pepperoni Pizza
 Hot Dog on a Bun
 Chicken Nacho Salad
 Turkey & Cheese Wrap

side items
Tater Tots, Cucumber Slices
 Fresh Fruit Cup, Mandarin Oranges, Fruit Juice

15
Pancakes w/ Sausage
 Chicken Patty Sandwich
 Kickin Pinto Taco Salad
 Ham & Cheese Sub

side items
Tater Tots, Fresh Broccoli
 Fresh Apple Wedges, Mixed Fruit, Fruit Juice

16
Fish Sticks w/ Mac & Cheese
 Cheeseburger
 Turkey Chef Salad
 Ham Sandwich

side items
Green Beans, Red Peppers
 Fresh Orange Wedges, Diced Peaches, Apple Juice

17
BBQ Riblet Sandwich
 Grilled Cheese Sandwich
 Beef Nacho Salad
 Turkey & Cheese Sandwich

side items
Sweet Potato Fries, Fresh Zucchini
 Fresh Apple Wedges, Diced Pears, Grape Juice

18
Cheese Pizza
 Chicken Nuggets w/ Breadstick
 Chicken & Cheese Salad
 Ham & Cheese Bagel

side items
Black Eyed Peas, Celery Sticks
 Fresh Banana, Applesauce, Orange Juice

19
Manager's Choice

side items

22
Manager's Choice

side items

23

side items

24

side items

25

side items

26

side items

29

side items

30

side items

31

side items

1

side items

2

side items



Menu is subject to change.
 Email: kbrueggeman@altonschools.org with any questions or concerns.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Sunbutter and Jelly offered daily!

For Menu Nutrition

For Menu Nutrition please visit:
<http://altonschools.schooldish.com>



Whole Grain

All salads are served with a grain option.



Milk

Fat Free White or Chocolate available

