

<p><b>1</b> <b>Apple Cinnamon Muffin</b> Mini Cinnamon Rolls Pick Two Option</p> <p><i>side items</i> Orange Wedges, Diced Pears Grape Juice</p>	<p><b>2</b> <b>Powdered Sugar Doughnut</b> Turkey Pancake Wrap Pick Two Option</p> <p><i>side items</i> Apple Wedges, Mixed Fruit Fruit Juice</p>	<p><b>3</b> <b>Mini Pancakes w/ Maple Syrup</b> Cherry Frudel Pick Two Option</p> <p><i>side items</i> Grapes, Applesauce Orange Juice</p>	<p><b>4</b> <b>Cinnamon UBR</b> Strawberry Mini Bagel Pick Two Option</p> <p><i>side items</i> Fresh Banana, Raisins Cherry Star Juice</p>	<p><b>5</b> <b>Chocolate Chip Muffin</b> Cinnamon Rush Mini French Toast Pick Two Option</p> <p><i>side items</i> Honeydew, Diced Peaches Apple Juice</p>
<p><b>8</b> <b>Strawberry Mini Bagel</b> Cinnamon Biscuit Pick Two Option</p> <p><i>side items</i> Orange Wedges, Diced Pears Grape Juice</p>	<p><b>9</b> <b>Glazed Doughnut</b> Sausage &amp; Cheese Biscuit Pick Two Option</p> <p><i>side items</i> Apple Wedges, Mixed Fruit Fruit Juice</p>	<p><b>10</b> <b>Apple Frudel</b> Mini Cinnamon Rolls Pick Two Option</p> <p><i>side items</i> Grapes, Applesauce Orange Juice</p>	<p><b>11</b> <b>Blueberry Muffin</b> Maple Burst Mini Pancake Pick Two Option</p> <p><i>side items</i> Fresh Banana, Raisins Cherry Star Juice</p>	<p><b>12</b> <b>Triple Berry Mini French Toast</b> Sausage Breakfast Pizza Pick Two Option</p> <p><i>side items</i> Honeydew, Diced Peaches Apple Juice</p>
<p><b>15</b> <b>Cinnamon Roll</b> Blueberry Bash Mini Waffles Pick Two Option</p> <p><i>side items</i> Orange Wedges, Diced Pears Grape Juice</p>	<p><b>16</b> <b>Cherry Fruedel</b> Turkey Pancake Wrap Pick Two Option</p> <p><i>side items</i> Apple Wedges, Mixed Fruit Fruit Juice</p>	<p><b>17</b> <b>Cinnamon Rush Mini French Toast</b> Strawberry Mini Bagel Pick Two Option</p> <p><i>side items</i> Grapes, Applesauce Orange Juice</p>	<p><b>18</b> <b>Banana Muffin</b> Maple Burst Mini Pancake Pick Two Option</p> <p><i>side items</i> Banana, Raisins Cherry Star Juice</p>	<p><b>19</b> <b>Apple Frudel</b> Breakfast Pizza Pick Two Option</p> <p><i>side items</i> Honey Dew, Peaches Apple Juice</p>
<p><b>22</b> <b>Manager's Choice</b> Pick Two Option</p> <p><i>side items</i> Orange Wedges, Diced Pears Grape Juice</p>	<p><b>23</b></p> <p><i>side items</i></p>	<p><b>24</b></p> <p><i>side items</i></p>	<p><b>25</b></p> <p><i>side items</i></p>	<p><b>26</b></p> <p><i>side items</i></p>
<p><b>29</b></p> <p><i>side items</i></p>	<p><b>30</b></p> <p><i>side items</i></p>	<p><b>31</b></p> <p><i>side items</i></p>	<p><b>1</b></p> <p><i>side items</i></p>	<p><b>2</b></p> <p><i>side items</i></p>



Menu is subject to change.  
Email: [kbrueggeman@alton-schools.org](mailto:kbrueggeman@alton-schools.org) with and questions or concerns.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Breakfast is an important meal!

**Pick Two Option**

You may pick two items available and add a fruit to make a meal. Options may include: Cereal, Breakfast Bars, Poptarts, String Cheese, Yogurt, or Graham Crackers



**For Menu Nutrition**

Please visit:  
<http://altonschools.schoolids>



**Milk**

Fat Free White or Chocolate available